



The Difficult Position and Breakthrough of Improving Teaching Ability of College Teachers

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Abstract: Colleges and universities, as a base for cultivating skilled talents needed for social development, teachers' own teaching experience, professional level and teaching ability can directly have an important impact on students' future development. This requires teachers to be able to find specific factors that hinder the rise of their teaching abilities in the context of the continuous development of the times, in order to find specific ways to stimulate their potential in the process of self-breakthrough. This article starts with the main factors that affect teachers' ability to teach, looking for specific solutions, hoping to serve as a guide for other teachers.

Keywords: Teaching ability; classroom teaching; teacher literacy; higher education

Teachers in colleges and universities need to shoulder the important task of cultivating high-quality talents needed for the development of the motherland, and also need to promote the smooth progress of cultural inheritance, academic research, social services and international exchanges, so how to enable teachers' teaching ability to meet the changing times Development requires effective coordination and has become a key issue for research. Many schools in their own evaluation system, the proportion of teaching work in it is not only low, but also pays more attention to scientific research work, resulting in many teachers' work focus gradually deviating from the teaching track, teaching ability is difficult to be effectively improved. This requires teachers to proceed from reality and find specific ways to effectively improve their teaching ability, so that in the process of promoting high-quality classroom teaching activities, they can cultivate talents who can shoulder the needs of social construction and development.

I Main factors affecting teachers' teaching ability

2.1 School development concept is backward

Teachers' own teaching philosophy, professional level and teaching ability can play a crucial role in the smooth progress of teaching. Teaching activities are different from general social rules. To ensure the improvement of teachers' teaching ability, they not only need to learn experience in the smooth development of teaching activities, but also need the help of teaching organizations to get better promotion. To put it simply, teachers' ability to teach can be rapidly improved. Not only is it closely related to their own teaching experience and personal cultivation, but they also need to seek the help of other educators. However, the reality is that many colleges and universities have relatively backward development concepts and have not set up special teaching and research offices for teachers, so that teachers do not have channels for discussion and exchange with other teachers. Even though many schools will regularly conduct teaching exchange seminars, most of the content in the meeting is mainly about arranging teaching tasks. Basically, no time will be reserved for teachers to discuss teaching experience, which will lead to exchanges in the form of Provide help for the improvement of teachers' teaching ability. Therefore, under such a lagging school development concept, it not only seriously affects the improvement of teachers' teaching ability, but also hinders the improvement of the level of teaching and research in the subtle process.

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2.2 Teachers lack self-improvement motivation

Teachers are an important pillar of the continuous development of my country's education field. Therefore, many schools will regard the improvement of teachers' teaching ability as the goal of establishing a high-quality teacher team. Therefore, the improvement of teachers' teaching ability requires not only the school to provide external assistance, but teachers themselves also need a firm subjective consciousness in order to ensure the improvement of self-ability in continuous learning. However, the reality is that many teachers lack the motivation for self-improvement, especially the personality traits, professional character dimensions and teaching ability dimensions of many young teachers who have just joined the work are relatively weak, so the task of improving their teaching ability and professional level is urgent. In addition, many colleges and universities have an urgent need to expand the number of teachers as the number of enrollment increases every year. Therefore, there are often low assessment standards, which leads to the teachers' professional level and teaching ability not only difficult to meet school development requirements, but also seriously lacking in self The impetus for improvement will in turn affect the future healthy development of colleges and universities.

2. Specific ways to improve the teaching ability of college teachers

2.1 Improve the common development concept

Educational work is not simply about teachers transferring knowledge to students. It is also necessary to improve their thinking consciousness and values, so that students can achieve more comprehensive development. Therefore, as an important participant in educational work, teachers need to improve the common development concept, create a platform for teachers to expand their interaction activities, so that teachers can accumulate experience in continuous exchanges with students and educators, and then seek to improve their own teaching A better way of ability. Therefore, through the establishment of the teacher community, schools can encourage teachers to continuously explore their own development potential in the mutual discussion with members of the teaching organization, and find a development direction to improve their professional ability and teaching level under a more clear educational goal. Ensure the effective rise of teaching ability. On the one hand, the school needs to formulate clear development goals, guide teachers to actively participate in teaching seminars, team building, and research and development of teaching resources, so that teachers can continuously improve themselves in the common development concept to ensure that the teaching ability is effectively exercised. On the other hand, schools need to establish development norms and guidelines in accordance with the actual situation of teachers, and through the introduction of assessment models, teachers can constantly find opportunities to improve teaching abilities in the process of mutual learning and mutual help, in order to ensure the smooth construction of the teacher community At the same time, all educational work will be carried out smoothly.

2.2 Motivate teachers to improve themselves

As an important driving force for the orderly development of education, teachers want to ensure the actual increase of their teaching ability. It is necessary for the school to combine the actual situation of the teacher and find the enthusiasm to mobilize their self-improvement ability, so that the teacher can continue to accumulate teaching experience, While improving the professional level, ensure the smooth development of teaching activities. Therefore, teachers can improve the teaching incentive mechanism, standardize the existing rules and regulations of the school, and make reasonable plans for teachers' salary, scientific research results, and title evaluation, so that teachers can mobilize their enthusiasm for participating in education and actively seek to improve Self-teaching ability. At the same time, the school also needs to implement a grading system for ability improvement, and encourage teachers to formulate plans that better meet their own ability improvement needs in the clear assessment requirements to ensure the rapid rise of teaching ability.

3. Conclusion

All in all, the improvement of teachers' teaching ability is not completed overnight, but requires teachers to reform their own educational perspectives and follow the trend of education reform and development. In the process, to ensure the rapid improvement of teaching ability. Therefore, teachers should carefully analyze the current actual teaching situation and find a learning path that is more suitable for their own development direction, in order to ensure the high-

quality rise of teaching ability in the process of breaking the constraints of the old education concept.

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