



On the Voluntary Mechanism of Spiritual Care for Left-behind Children in Rural Areas Based on the Resource Advantages of Universities

Cheng Fan¹, Qiushuo Shao²

¹Nanjing Audit University Jinshen College 210016

²Nanjing Xiaozhuang University 211171

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Abstract: The mental health and character development of left-behind children in rural areas has always received extensive attention from all walks of life. The psychological problems of left-behind children in rural areas are solved by the voluntary mechanism of spiritual care. Full use of the educational resources of colleges and universities has a positive effect on the development of all parties and has certain promotion value across the country.

Keywords: Rural Left-Behind Children; Spiritual Care; Voluntary Mechanism; Colleges and Universities; Advantages of Educational Resources

At present, there is a serious crisis in the mental health and character development of many left-behind children in rural areas. This is closely related to the lack of family education and parental affection. Of course, the out-of-control of school management and errors in education methods have also led to children not getting good Moral education is highly valued by the party and the government. Through the establishment and operation of effective working mechanisms, it helps rural left-behind children to solve the problems of mental health and character development. It is not enough to rely solely on the power of the government. Colleges and universities contain a lot of human resources. It is very important to use the advantages of college human resources to carry out moral education for rural left-behind children and implement a voluntary mechanism for spiritual care.

1. The significance of the volunteer mechanism of soul care for left-behind children in rural areas

First of all, for left-behind children, this mechanism can fundamentally solve the mental health problems of left-behind children. The voluntary mechanism for spiritual care provides a target for rural left-behind children to confide in. They have close friends and can discover in time their behavior Moral problems, and effective measures are taken to solve them. The words and deeds of volunteers have a profound impact on children, which is conducive to the smooth development of mental health education and moral education.

Secondly, under the voluntary mechanism of spiritual care, left-behind children in rural areas have been properly resolved with a large number of superior resources of colleges and universities, and they have also been fully exploited. Excessive resource idleness is undoubtedly a waste. The development of a voluntary mechanism for rural left-behind children's spiritual customers is both a kind of Public welfare actions provide a good platform for the utilization of resources in universities. While reducing the pressure on the government, it also helped migrant workers solve their worries, and played a prominent role in educating the society and the harmonious development of the nation.

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Finally, for college students, the establishment and operation of a voluntary mechanism for the spiritual care of left-behind children in rural areas is based on their ability to play their own abilities and the space to assume social responsibility to promote their overall quality and employment competitiveness. Volunteers contribute their own Love and feelings, while exercising their coordination and professional skills at work, have the opportunity to understand society earlier, recognize the reality, and through the voluntary mechanism of spiritual care, it is not only to provide help for the hearts of left-behind children, but also to exercise and achieve their own achievements. Important process.

2. Problems and countermeasures in the process of mechanism operation

Any mechanism may encounter various problems in the process of operation. Regarding the problems in the operation of the rural left-behind children's mentally unvoluntary mechanism, the following points are included.

First of all, the funding of the event. Although nominally speaking, such activities are voluntary activities, and volunteers do not count wages, but there are still certain expenses and expenditures in the course of the activities. Therefore, it is very important to have sufficient activity funding protection, otherwise you want to let the mechanism Normal operation is very difficult. Regarding the funding of activities, many measures can be taken to solve the problem. For example, apply for college students' moral education practice projects and use self-help funds to operate the mechanism; or through corporate sponsorship, cooperation with companies can be achieved, and financial support has been obtained. , And help such enterprises to establish a good image; you can also allocate a part of other funds for the development of the spiritual care voluntary mechanism. However, it should be noted that no matter which method you choose to solve the problem of activity funds, you must adhere to the principle of economy in use, observe financial discipline, increase revenue and reduce expenditure, and spend every penny on the knife.

Secondly, when carrying out voluntary activities for the spiritual care of left-behind children, it is necessary to have a comprehensive understanding of the distribution of left-behind children in rural areas and the local basic education situation. At this time, it is necessary to obtain the cooperation and support of the local education administrative department's centralized and eager leading teachers. Not only do they have a comprehensive understanding of such situations, but they are also able to exert a huge influence to make the tools of voluntary activities targeted. Especially the leading teachers of primary and secondary schools, they have the most direct contact with left-behind children and have great educational influence. Through their cooperation with the volunteer group, they can more comprehensively collect the family situation, learning situation, and personality characteristics of left-behind children Aspect factors. At the same time, the cooperation of the school can make the work of the volunteer group more smoothly, and it can also make the volunteer group grasp the psychological status of the left-behind children in the shortest time, so as to arrange the work in an orderly manner.

Third, attention should be paid to the exclusion of left-behind children. In the specific volunteer activities for the spiritual care of left-behind children, volunteers found that many children showed a certain degree of rejection to the care work and volunteers, which also led to difficulties in the progress of the care work. Many volunteers faced children's rejection reactions. What will manifest is at a loss, and don't know how to solve it. In fact, most children's rejection reaction is the manifestation of their interpersonal communication barriers. They may not reject volunteers from their hearts, but are affected by the family environment, which makes it difficult for them to communicate effectively with strangers. Left-behind children in rural areas are silent and withdrawn. Such children are the important objects of spiritual care activities. Volunteers should improve children's familiarity with themselves through patient guidance and active communication, and improve children's self-confidence in communication through praise and encouragement, so as to solve the problem of child rejection .

Finally, the most professional care measures should be provided for left-behind children. First, volunteers should be strictly screened. On the one hand, volunteers need to have a positive and sunny mental state, have an optimistic and cheerful personality, be able to communicate with children enthusiastically, kindly and patiently, and have a high sense of responsibility at work. On the one hand, students with strong professional skills should be selected first, or volunteers should be encouraged to obtain a qualification certificate for psychological counselors. Second, rationally match the team of volunteers and strengthen the structure of the team. While focusing on the combination of new and old, the most

scientific care team structure should be selected according to the differences of children. In the care team, psychology, pedagogy, and elementary school should be used. Educational professionals are the center. Third, strengthen the training of volunteer teams. In specific care work, young volunteers have physical advantages and are closer to children. However, in order to improve the professionalism of young volunteers, professional teachers and professional scholars should be organized to deal with It conducts training to improve the professionalism of care work.

3. Concluding remarks

The development of urbanization has prompted the transfer of rural labor, and the influx of a large number of farmers into cities has led to an increasing number of left-behind children in rural areas. The psychological problems of left-behind children are also one of the important social problems in our country. How to care for the hearts of left-behind children is a more complicated and difficult social problem. It not only requires the government to give full attention to this issue, but also requires professional scientific research personnel of universities to conduct targeted research on it, make full use of university resources to attract more volunteers to participate in the spiritual care of left-behind children, and establish a scientific rural left-behind children Volunteer activity mechanism for spiritual care.

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