



## **How to help students memorize words efficiently**

**Shimou Huang**

Male, (Nov. 26th, 1975), (Suining County, Hunan Province), Miao, Lishui Vocational and Technical College, Master Degree, Lecturer, Practical English Lexicology and English Grammar; 323000.

**Abstract:** English is the language with the most vocabulary in the world, so efficient memory of words can greatly help students improve their learning quality. College students have active thinking consciousness, and the method of memorizing words for students can only produce short-term results, and it can inhibit the extension of their thinking ability to a certain extent. So how to help students improve the efficiency of memorizing words has become a problem studied in this article.

**Keywords:** Memorizing words; higher education; learning methods; English class

Good learning methods can often help students achieve twice the result with half the effort, especially for English knowledge, which not only has a large vocabulary and a fast forgetting rate, so many students often feel headache when they mention learning English. Therefore, when conducting English classroom teaching activities, teachers can't just focus on teaching students' key knowledge content, and also need to impart effective word memory methods to students. This can not only help students mobilize their enthusiasm for learning English, but also enable them to effectively accumulate words while effectively improving their learning efficiency, thereby achieving the goal of promoting better development for students. Therefore, the author discusses ways to help students memorize words efficiently from different angles, hoping to provide references for other teachers.

### **1. Pronunciation memory**

College students are active in thinking and have strong learning ability. To help students quickly complete the memory of words, teachers need to choose a method that can fully mobilize students to participate in enthusiasm when teaching activities. In the process of learning fun, quickly complete the memory of words. The English vocabulary is huge, and if you want to learn English well, students must have a rich knowledge of vocabulary. Therefore, teachers can introduce pronunciation memory into teaching activities, so that students do not memorize words when they memorize words, but practice the correct pronunciation of words first, and remember each letter according to the order of pronunciation. This can not only improve the enthusiasm of students to recite words, but also achieve the purpose of improving memory efficiency.

For example, when a teacher leads a student to memorize a word, the student is required to grasp the connection between the letter and the pronunciation, and find the pronunciation rule under normal circumstances, so that it is very easy to complete the memory of the word. If the letter "oo" is usually pronounced /u:/, if the preceding letter happens to be "k", then the pronunciation will become /u/. As long as the students extend their thinking consciousness under the guidance of teachers, they can find more rules for the pronunciation of letters, so as to ensure the rapid rise of memory efficiency in the process of continuous accumulation.

### **2. Example memory method**

Many students' word memory is not efficient, not because of their own memory, but when students are reciting

words, they simply memorize the words and the meanings they represent. They do not combine specific example sentences and situations. Mastering with usage makes it difficult to achieve good results in practical applications. It is important to know that in the process of language communication, people mainly communicate with sentences. Memorizing mechanical words is not only useless, but also makes students lose their enthusiasm to participate in learning in the boring memory day after day. In order to enable students to memorize English vocabulary more efficiently, teachers need to encourage students to recite words through the analysis of example sentences during teaching activities, and to ensure memory efficiency in the process of exploring the characteristics of vocabulary usage and sentence collocation.

For example, "accept" as a verb can be translated into the meaning of acceptance, the teacher can introduce the example sentence "I have received your kindness, but I do not accept it. (Your good intentions are my heart, but I do not accept.)"; "accepted" as an adjective can be translated into a recognized meaning, you can, for example, "It is accepted that aging is a continuous process. (It is recognized that aging is a continuous process.)". In the study of example sentences, students can not only understand the actual usage of words in different situations, but also make it easier for students to deepen their memory, thereby achieving the purpose of improving memory efficiency.

### 3. Contrast memory

Although there are many English vocabularies, they are as regular as Chinese. Therefore, when teaching activities, teachers need to help students to explore the laws between English vocabulary and complete the memory of words in a comparative way. This can not only effectively arouse the enthusiasm of students to participate in memorizing words, but also achieve the purpose of enriching students' vocabulary accumulation and mobilizing their memory efficiency.

For example, because college students need to memorize more basic vocabulary, classifying vocabulary by prefix not only facilitates students to memorize, but also has higher memory effectiveness. For example, the words prefixed with "ad" are "adult", "adventure", "admit", etc.; the words prefixed with "bu" are "bulk", "bundle", "bure", etc.; "com" is the prefix. The vocabulary is "comprise", "compromise", "communication" and so on. By sorting out the word prefix rules, students can better complete the memory of words and effectively enrich their own knowledge reserves. At the same time, students can also look for antonyms, homonyms, synonyms and other ways to find vocabulary rules that meet their own memory needs. This can not only enable students to increase their enthusiasm for participating in word recitation activities in the continuous extension of thinking consciousness, but also effectively improve memory quality.

### 4. Conclusion

College students are active in thinking and have a strong enthusiasm for inquiring knowledge. If teachers do not carefully understand the learning situation of students during the teaching activities, the classroom teaching activities will be difficult to achieve good teaching results. Therefore, teachers should find a suitable word memory method for students according to their learning needs. This not only allows students to experience the fun of learning English knowledge, but also improves learning efficiency in the process of accumulating vocabulary, and then achieves the purpose of ensuring rapid improvement of English scores in the process of building self-confidence in learning English knowledge.

### References

1. Ma Yedan, Xu Liang. A Study on the Effects of Different Learning Strategies on College Students' English Word Memory [C]. Chinese Psychological Association. Summary of the 22nd National Psychological Academic Conference. Chinese Psychological Association: Chinese Psychological Association, 2019: 572-573.
2. Song Peipei, Teng Liugu, Nong Rumeng, Xie Jun. An empirical study on the effectiveness of word memory software based on multiple modalities to improve college students' English ability—Taking Guangxi Normal University for Nationalities as an example[J]. Education Modernization, 2019, 6(63): 236-239.
3. Zhan Haibao. Development of an English word teaching game based on Android—The design of word-promoting strategy[J]. Elementary and middle school audio-visual education, 2014(11):78-80+77.