



Explore the Cultivation Mode of College Students' Creative Thinking in Dance Teaching in Colleges and Universities

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Abstract: Creative thinking can help students to ensure their own potential development when participating in dance training, and at the same time enable students to fully integrate their emotional expressions into dance moves. Therefore, in order to ensure the high-quality development of dance classrooms in colleges and universities, the author starts with the positive significance of enhancing students' creative thinking in dance classrooms, looking for specific ways to develop creative thinking in specific teaching activities, so that students can design reflections. At the same time, his own style of dance works has been better developed.

Keywords: Creative Thinking; Higher Education; Training Model; Dance Class

Dance is a popular artistic performance. Different dance works not only make people intuitively feel the beauty, but also resonate with the dancers in the process of experiencing the thoughts and emotions contained in it. College students have active thinking consciousness and strong learning ability. If they want to create more personal style dance works, teachers need to enhance students' creative thinking when they carry out teaching activities. This can not only effectively arouse students' creative enthusiasm, but also make them have more abundant emotions when performing, which in turn helps students get better development in the process of continuous progress.

1. Promoting the positive significance of students' creative thinking

Creative thinking is mainly based on a variety of abilities such as association, perception, understanding and thinking, so that people can continue to explore new fields to carry out the thinking mode with newness and comprehensiveness as the main form of expression. Dance is an important subject that highlights the artistic value. The dancers show different cultures through their bodies, thoughts, and senses, and in the process of continuous creation, the audience fully appreciates the implication of the dance works through appreciation and analysis. Thoughts, feelings and beauty. Due to the creative thinking from different angles, the style of dance works finally showed a big difference, so when teachers carry out dance teaching activities, they need to pay attention to the improvement of students' creative thinking in order to help students through their own actual situation and full of emotions. The catharsis of the catastrophe created a more vital dance.

Excellent dance teaching will not use mechanical physiology training to complete teaching activities, nor will it use a single teaching method to explain dance knowledge and movements. Instead, it will focus on spiritual education through learning from different students. The in-depth analysis of the mental state and the targeted formulation of teaching plans enable students to actively tap their creative thinking skills under the encouragement of teachers. This will not only help students to strengthen their sensibility to dance works, but also create more expressive works by grasping the dance style.

2. Ways to improve students' creative thinking in dance classes of colleges and universities

2.1 Exercise the initiative of students' thinking

Many dance teachers are constrained by outdated teaching concepts. When conducting teaching activities, they often

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use the method of leading students to learn dance moves to carry out teaching activities, and rarely cultivate students' creative ability. College students themselves are very active in thinking consciousness, but in this stereotyped dance class, it not only seriously inhibits their autonomous consciousness, but also makes it difficult for students to have an emotional experience in creating dance moves. In order to ensure the effective development of creative thinking cultivation, teachers need to actively communicate closely with students before starting teaching activities, master the overall training situation and learning needs of class students, and according to the different types of students' favorite dance styles, Conduct the improvement of the dance training program. This not only enables students to fully mobilize their enthusiasm for knowledge learning in learning activities that are more suitable for their own dance styles, but also encourages and guides teachers to dare to actively create their own dance styles, so that students can be effective in creative thinking During the cultivation process, comprehensive development was achieved.

2.2 Extend the teaching content

Different dance types have their own cultural values, helping students learn the cultural content of dance types, not only can they mobilize students' enthusiasm for learning, but also stimulate students' creativity on the basis of understanding different dance cultures emotion. For example, tap dance, a dance that emerged in the colonies of North America, not only has an open and enthusiastic form of expression, but also rarely has a rigid formal framework to restrict its performance. The dancers do not pay too much attention to the dance posture when dancing, but focus on the performance form of using the toes and heels to beat the rhythm, which can give the audience a relaxed and humorous feeling. Therefore, teachers can explain the cultural background of tap dance to students in the course of teaching activities, so that they have a deep understanding of the meaning of dance culture, and look for a dance form more suitable for self-performance style. This will not only improve students' creative thinking, but also enrich their knowledge while ensuring a rapid increase in learning efficiency.

2.3 Improve teaching evaluation

There is no accurate answer to the dance assessment. Teachers need to evaluate students' emotional experience and expressions in dance works. Therefore, teachers need to pay attention to the improvement of the teaching evaluation mechanism when promoting students' creative thinking. Due to the differences in dance styles, personal understanding, performance methods and talents of different students, the differences in dance works presented are quite obvious. This requires teachers to be able to respect students' understanding of dance works, and guide students to correct them according to their actual problems. At the same time, teachers also need to protect the personalized development of students and give a sincere evaluation of their outstanding performance. This not only improves students' self-confidence in learning, but also enables students to have the courage to create dance works, and then get better development under the guidance of creative thinking.

3. Conclusion

The thinking consciousness of college students is very active, so the cultivation of their creative thinking can not only help students to create more vital dance works through the use of their own innovative ability and inspiration when they participate in the dance classroom learning, but also enable students to ensure Efficient improvement of learning quality. This requires that teachers in colleges and universities can start from the students' learning situation and psychological feelings to find teaching methods that can tap students' potential, mobilize students' learning enthusiasm, and increase students' confidence when carrying out teaching activities, so as to ensure the improvement of dance classroom teaching effect At the same time, to achieve the purpose of cultivating students' creative thinking.

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