How to Cultivate the Struggling Spirit of College Students in the New Era

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Abstract: As a positive value attitude and value reflection, the spirit of struggle runs through human production and life. In the critical period of realizing the great rejuvenation of the Chinese nation, vigorously cultivating the struggle spirit of college students in the new era, guiding them to take “struggle” as the most beautiful background of youth, and promoting the relay struggle and permanent struggle of young people in the new era are not only the objective requirements for college students in the new era, but also the subjective needs for the healthy growth of college students.

Keywords: Struggle Spirit; New era; College Student

1. Combine the realization of “Chinese dream” with the realization of personal dream

At present, the cultivation of College Students’ struggle spirit in the new era is to serve and obey the construction of socialism with Chinese characteristics, and guide college students to contribute wisdom and sweat to realize the “Chinese dream” of great rejuvenation. Higher education should serve the governance of the country. Colleges and universities are responsible for cultivating builders and successors of the socialist cause and cultivating college students into useful talents who can consciously serve the society. The personal value of college students can only be realized in serving and obeying the construction of socialism with Chinese characteristics. The cultivation of struggle spirit should be guided by the needs of college students for a better life in the future, so that their personal needs are highly consistent with the needs of the society.

2. Combine curriculum teaching with social practice

The cultivation of College Students’ struggle spirit in the new era needs to establish a mechanism of joint education, integrate all elements to form a cultivation community and promote the cultivation of struggle spirit. Theoretical guidance is very necessary for the cultivation of College Students’ struggle spirit. Curriculum learning is an important channel for the cultivation of College Students’ struggle spirit. We should pay close attention to curriculum learning as the main position, and systematically study the struggle spirit accumulated in human long-term social practice in curriculum learning, which is an essential link for college students’ rational struggle. Teachers should infiltrate the cultivation of College students’ struggle spirit into the links of subject courses and professional learning, Give full play to the educational function of each course. As a compulsory course for college students, ideological and political theory course in Colleges and universities contains rich struggle thoughts and the truth of life. Other humanities and social sciences should also permeate struggle related knowledge and ideas, so that college students can more fully understand the struggle spirit from the perspective of different disciplines.

3. Combine inheriting excellent traditional culture with carrying forward the spirit of the times

Chinese excellent traditional culture has a long history. It is the wisdom accumulated by the Chinese nation in the long river of years, the condensed heritage of our ancestors in production and life, and is dazzling and shining in the long river of human civilization. Traditional culture has been baptized by years, but it has become more and more new, showing vitality and lasting charm. Excellent traditional culture contains rich thoughts such as management and politics, ideal struggle and moral responsibility. These thoughts are the spiritual resources of struggle. Since ancient times, China has spread classic stories such as “hanging a beam to stab a stock”, “grinding a needle with an iron pestle” and “Tao’s humble ambition”, including the wise sayings “people have no ambition and are not human; if they are determined, they will not help in the end”. Cui Xuan is ambitious and has a bright future; In the spring and Autumn period, Gou Jian, king of Yue, lay on his back and tasted bravery. For 20 years, he defeated the state of Wu; Yue Fei, a hero of the Southern Song Dynasty who fought against the Jin Dynasty, had the struggle feeling of "promising his country with his
life, why dare not do it?”; Chen Shu, the leader of farmers, has the lofty words and aspirations of “how can a swallow and a sparrow know the ambition of a swan?”; Tang Dynasty poet Du Fu’s mind of serving the country “to the king Yao and Shun, and then make customs honest”. Whether it is Confucianism or Taoism, these thoughts attach importance to reason and criticism, and emphasize individual positive action. The spirit of struggle in the new era is forged in the excellent style and spiritual quality formed by the people of all ethnic groups under the leadership of the Communist Party of China in socialist construction. It is the spiritual treasure of the indomitable struggle of the Chinese people. The spirit of struggle is the spiritual symbol of the new era, created by our party in combination with the practice of the Chinese revolution, and the spiritual pointer leading us from one victory to another. The spirit of struggle is also the spiritual driving force to encourage children of all ethnic groups to forge ahead on the road of socialism with Chinese characteristics in the new era. The cultivation of College Students’ struggle spirit in the new era should integrate all excellent struggle spirit cultivation resources and absorb beneficial achievements of struggle spirit cultivation for my use. We should inherit the excellent traditional culture, deeply explore the great treasure house of Chinese excellent traditional culture, continue the cultural blood of the Chinese nation, adhere to the past for the present, and guide and illuminate the way forward with the struggle spirit created by our predecessors.[9]

4. Combine example motivation with ordinary people’s enterprising

To cultivate the struggling spirit of college students, we should give full play to the leading role of an example, so as to achieve the effect of “seeing the virtuous and thinking of Qi Yan”. [10] The vanguard role of talents is shown from two aspects: first, they directly promote the society with their own creative achievements; Second, they influence others, change others, and become an example, model and model for people to follow with the new values of people’s quality, way of thinking and methods, moral concepts, personality temperament, lifestyle and emotional style created by themselves. In this way, a dynamic picture of human evolution is formed, in which talents take the lead and people gallop. The authority or social celebrities have more profound influence on the public, and their value orientation, words and deeds always affect their value orientation, words and deeds to the public. If authority or social celebrities advocate struggle and advocate struggle, the public will pay more attention to struggle and devote themselves to struggle. We should borrow the influence of authority or celebrities. No matter Deng Jiaxian and other experts on the two bombs and one star, Yu Min and other pioneers of reform and opening up, or Jiao Yulu, Kong Fansen and other figures, their contributions to the party and the country are made in the struggle. We should turn the spirit and stories of struggle advocated by authorities or celebrities into important resources for the cultivation of College Students’ struggle spirit, and lead college students to the road of struggle.

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