

Original Research Article

The Application of Task-based Teaching Method in College English Reading Teaching

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Abstract: In the Internet era, the trade between countries in the world is becoming more and more frequent. As a major tool for international communication, English is a necessary skill for contemporary talents. College English teaching has been widely concerned and valued by all walks of life. Reading teaching is an important part of college English teaching, which directly affects students' comprehensive ability to use English knowledge. This paper focuses on the teaching of English reading in colleges and universities.

Keywords: College English; Reading teaching; Task-based teaching method; The application practice

The application of task-based teaching method in the teaching of English reading in colleges and universities cultivates students English self-study consciousness and ability through the arrangement of the specific task, changes traditional exam-oriented education under the system of the disadvantages of "cramming education" teaching mode, improves the level of students' English reading ability at the same time, also can cultivate students' English subject core literacy and achieves all-round development. Next, some thoughts on the application of task-based teaching method in college English reading teaching are discussed.

1. Current situation of the application of task-based teaching method in College English reading teaching

Firstly, the effect is remarkable. The task-based teaching method aims to highlight the teaching subject status of students and guide students to think independently and cooperate to complete learning tasks in practice^[1]. The application of task-based teaching method in English reading teaching enables English teachers to break the thinking pattern and break through the disadvantages of the traditional "cramming education" teaching mode. They pay attention to teaching English reading knowledge and skills as well as cultivating students' English thinking and core qualities. At present, when carrying out reading teaching, most teachers will design English reading teaching tasks according to the specific teaching content, students' English foundation and level, learning ability, English learning interest and other actual situations. It covers music, poetry, film and television, literary works appreciation and many other topics. Students master English knowledge and skills in the process of completing the task, but also enrich the teaching content, broaden the horizons of students, and greatly improve the classroom teaching effect^[2].

Secondly, there are problems. The application of task-based teaching method in college English reading teaching is still in its initial stage. Although it has achieved certain results, there are still many problems. For example, students' English language ability is poor, there are non-standard or even wrong expressions, and Chinglish problems are prominent, which to a certain extent shows that students do not have sufficient grasp of English vocabulary, grammar, sentence structure and other knowledge points. Another example is that the form of task-based teaching method is bigger than the content, and the tasks designed by teachers are not open, inspiring and exploratory. In order to complete the teaching tasks, many teachers even directly hint at the final answer, which conflicts with the application goals of the task-based teaching method.

2. The concrete countermeasures of the application of task-based teaching method in the teaching of college English reading

2.1 Specify specific task design standards

The application of task-based teaching method in China's higher education is still in the initial stage, not perfect and mature. In the process of concrete implementation, the successful experience and lessons of advanced countries should be learned, and various factors should be considered comprehensively to formulate specific task design standards, which can start from the following points: first of all, consider the actual status of students. Due to the limitation of many factors such as growing background, cognitive level, interest and hobby, and understanding ability, college students' English reading ability is different. In the application of task-based teaching method, teachers should combine English reading syllabus, teaching objectives, learning situation analysis and other actual situations to clarify the requirements of task-based teaching method, students' reading knowledge and skills. Secondly, English

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reading teaching is a long and complicated process, not overnight, so teachers should design the multiple stage teaching goals based on the English course teaching goal and plan as a whole, and then let the students gradually improve English reading ability level, preventing some students from learning problems due to being unfamiliar with the task. In addition, because the application of taskbased teaching method in reading teaching is not mature and perfect, students have strangeness. In order to increase students' interest and confidence, the task content should be not be too difficult, and should be educational and interesting, so as to ensure that students can successfully complete the task through independent thinking, cooperation and communication, and the guidance of teachers. It is also important to ensure that students master English vocabulary, sentence patterns and grammar by completing the tasks. Moreover, in order to better cultivate the students' English thinking and core literacy, tasks designed by teachers should be targeted by the western culture, aiming to give students a better understanding of western national geographic environment, living habits, values, etc, in the process of completing the task, thus better understanding the differences between Chinese and western cultures, and strengthening the identity of their own culture. While improving the teaching effect of English reading, it can also improve students' cultural accomplishment and achieve all-round development.

2.2 Optimize the classroom teaching atmosphere

In order to improve the application effect of task-based teaching method in college English reading teaching, teachers should strengthen the organization and guidance, so that students can perceive new things and understand new knowledge in independent thinking, cooperative exploration and concrete practice, and then achieve the task teaching objectives. As English teachers, they should further investigate the connotation of value, application methods of the task-based teaching method, strengthen the design of tasks, based on the English reading teaching material, students' diverse demand to present read information from multi-angles. English reading content should be concretized, visualized and shown to students to strengthen students' memory and understanding. But the traditional exam-oriented classroom teaching cannot meet this requirement. In the new era, teachers should actively use multimedia teaching materials in the real situation, stimulate their interest and enthusiasm for participation, and then concentrate on the lessons and strive to complete specific tasks. Based on this, the teacher can create the teaching situation of life, eliminate students' English reading strangeness, fear, realize the deep combination of English vocabulary, articles, movement, use video, audio and pictures in multimedia technology to visualize and show the specific tasks and reading content to students. Coupled with the guidance and interpretation of teachers, it can continuously improve the effectiveness of task-based teaching method application.

2.3 Realize the combination of autonomous learning and cooperative learning

The essential goal of task-based teaching method application in college English reading teaching is to cultivate students' awareness and ability of autonomous learning, optimize their own learning strategies and methods according to the teaching content and their own actual needs, and then promote the continuous improvement of learning efficiency and level. But, in the application and practice of the task-based teaching method, after independent thinking and independent learning of students, carrying out team cooperation teaching method is beneficial for students to consolidate their knowledge in the cooperation and communication, and to be able to get different interpretation and feedback of the reading tasks from other students, which is helpful to guide students to develop students' thinking and improve the level of the understanding of the reading material. In addition, it can cultivate creative logical thinking and critical thinking in cooperative exploration, and finally feedback to the improvement of English listening, speaking, reading, writing and translation ability. As we all know, the ultimate goal of English reading teaching is to use English. Therefore, when implementing task-based teaching method, teachers should pay attention to cultivating students' language output ability.

3. Conclusion

To sum up, At present, English teachers should correctly recognize the task-based teaching method in English reading teaching, the importance of the application and existing problems, and through specific tasks, design standards and optimize classroom teaching atmosphere, to realize the combination of autonomous learning and cooperative learning methods to improve the efficiency and level of the application of task-based teaching method in English reading classroom teaching, helping students to better master English reading knowledge and skills and effectively cultivate students' core literacy of English subject.

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