

Original Research Article

## Research on the Methods of Enhancing the Internal Cultivation of Student Cadres

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**Abstract:** By analyzing the ideological characteristics and growth background of young college student cadres, dissecting their inner growth process, this paper puts forward that we should improve their personal cultivation from the aspects of establishing a diversified curriculum system in student management, enriching the ideological and moral construction of student cadres, enriching the ideological and moral construction of student cadres and so on.

Keywords: Student Cadres enhance self-cultivation management

At present, college student cadres grow up in the new era and have no direct experience of the hard struggle process of our country. In order for them to better serve the students around them, they must understand the party history and national conditions, practice their internal skills and improve their self-cultivation in essence.

## 1. Establish a diversified curriculum system

At present, the curriculum system commonly used in the stage of university education is a curriculum system dominated by compulsory professional subjects and supplemented by minor majors. This lack of innovative system makes the evaluation standards for student cadres unified, the development of student cadres lack their own personality, and the innovative thinking is suppressed. Therefore, in order to improve its quality education, it is necessary to establish a diversified quality system in university education. National and local courses are incorporated into the curriculum system as an important way to form a three-level curriculum system of national curriculum, local curriculum and school-based curriculum.<sup>[1]</sup>

Actively explore appropriate courses to improve the internal cultivation of student cadres. Based on the objectives of adapting to students' development, stimulating students' enthusiasm and expanding students' thinking, explore new curriculum settings, and further improve the all-round development of students' morality, intelligence, physique, art and labor through unique courses. For example, setting up Sinology education courses is particularly important to strengthen the traditional culture education of student cadres in the era of inheriting Chinese excellent culture and telling good stories, While understanding traditional culture, students should gradually enhance their cultural self-confidence and improve their internal cultivation. Set up science and technology and other related courses, improve the scientific and technological innovation consciousness of student cadres, develop the thinking of student cadres, and help student cadres grow into relevant talents who help high-quality development. Set up a series of relevant innovative courses to cultivate the creative ability of student cadres and explore more opportunities and possibilities in the cultivation of innovative thinking of student cadres. By offering tie dyeing, clay sculpture and other handicrafts courses, we not only learned Chinese traditional skills from student cadres, but also developed the creative ability of student cadres, strengthened aesthetic education and improved their self-cultivation. [2]

The ideological and moral construction of student cadres is a complex systematic project. To build the ideological, moral and quality of student cadres, we need to carry out a comprehensive education on the humanistic quality of student cadres, and cultivate their spirit of not giving up, fighting bravely, unity and cooperation, and striving to be better; It is necessary to re identify and cultivate the historical literacy of student cadres. Only by understanding the 5000 year history of our country and the nearly 100 year struggle history of contemporary development in China, can we sublimate the sense of historical responsibility and mission as a Chinese and a college student cadre; We should pay more attention to cultivating the artistic cultivation of student cadres, strengthen the art education and Cultivation in Colleges and universities, cultivate the pursuit of beauty and self-improvement, improve the personal temperament of student cadres, and improve the level of humanistic cultivation and art appreciation. The ideology and morality of student cadres is not only one aspect, but a whole composed of many interrelated aspects. As college teachers, we should pay attention to cultivating students, especially the cultivation of student cadres, and cultivate students and student cadres to become high-quality, self-contained and rich young talents. [3]

## 2. Enrich the ideological and moral construction of student cadres

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Colleges and universities must integrate ideological and moral education into all links of the first topic and the second classroom. Ideological and moral education is not the only task of moral education teachers, nor can it be improved only through the first classroom such as ideological and moral class, but the common obligation and responsibility of all teachers, including the first classroom and the second classroom. Infiltrating the ideological and cultural education of college students into the daily teaching activities of the first classroom not only focuses on the teaching effect of professional courses and cultural courses, but also needs to discipline students and student cadres in the first classroom, listen attentively, respect their teachers, and show dedication and integrity for student cadres. It is a basic moral character that a person should have. As a teacher in Colleges and universities, we should teach students not only to do things, but also to be a person.

From the perspective of student training, moral education and internal cultivation should not be mechanically copied, but should be combined with the cultivation of student cadre combination ability. Establish the basic concept that everyone can contribute to social construction and everyone can become a talent for students and student cadres. Every university student and student cadre is full of personality and hidden potential great ability. As college teachers, they should be patient, use their years of experience in teaching and educating people, encourage students and student cadres, help them gradually cultivate a life attitude of self-confidence, self-improvement and self love, pay attention to cultivating the personality ability and charm of student cadres, and further "develop strengths and avoid weaknesses" according to the characteristics of student cadres, Fully develop the specific possible future of each student and student cadre.

The social practice outside the school should effectively expand the training and improvement of student cadres. Social practice is one of the important teaching links to deepen the knowledge of college students and student cadres and improve their comprehensive ability. However, in the implementation of College Students' social practice, there is a problem that the off campus social practice can not be effectively combined with school related education. In addition, some student cadres do not pay enough attention to social practice, their enthusiasm for participation is not high, and the most important thing is that they have no effect.

If the role of student cadres in social practice can not be effectively brought into play. The development of College Students' social practice activities will lack continuity in a certain period of time. College Students' social practice time, teachers and places can not be carried out normally and stably. The most important is that the social practice activities carried out by the school are sometimes not combined with the first classroom education in the school, which has the characteristics of randomness and randomness. At present, many colleges and universities lack relatively professional guidance for the organization of College Students' social practice content, and lack professional teachers to carry out necessary practical guidance and training, resulting in that students and student cadres cannot participate in social practice according to the existing standardized plans and relevant activity processes, resulting in that college students do not get a lot of enlightenment and education after participating in social practice, What's more, we can't learn the ability to deal with affairs in social practice, resulting in the low operability and repetition of some social practices.

In short, university student cadres should be guided by improving their ideology and morality, professional awareness, personal ideals, establish a healthy and correct outlook on employment, entrepreneurship and career education, live in harmony with the people around them and live in harmony with society and nature. The quality education of student cadres is not only "skill" education and simple skill education, but also to cultivate the essential quality education of "people", and finally improve the overall quality and internal cultivation of student cadre education.

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