

Discussion on the Transformation and Development of College English in Sports Colleges under the New Liberal Arts

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Abstract: The background of new liberal arts refers to the educational background of reorganizing the professional courses on the basis of the existing traditional liberal arts and forming the intersection of arts and science in the subject, combining modern information technology with language, philosophy, literature and other contents, giving support to the students' interdisciplinary comprehensive learning, so as to cultivate the quality of thinking and the purpose of knowledge expansion and education. In order to improve the teaching level of college English, this paper analyzes the strategy of college English transformation and development in physical education colleges under the background of new liberal arts.

Keywords: New Arts; Sports Colleges; College English

Based on the new liberal arts to strengthen the transformation of college English in sports colleges and universities has the following value: first, to provide conditions for students to learn literature, philosophy, history and other knowledge, so as to make English knowledge more comprehensive; second, to strengthen the core literacy of sports college students, such as humanistic spirit, innovation ability, thinking quality, etc. Based on this, in order to promote the scientific development of English teaching activities in sports colleges, it is very important to explore the strategy of college English transformation and development under the background of new liberal arts.

1 Strategy-based, clear the new liberal arts background of college English transformation development goals

From the macro point of view, the construction of new liberal arts should provide services for the development of China's internal reform and opening up to the outside world in the new era, enhance the ability of national language expression, transform the knowledge of new liberal arts into the kinetic energy needed for the development of economic and social fields, and solve the specific problems encountered in the development of national spiritual value, ideology, mass entrepreneurship and innovation. From the micro point of view, the construction of new liberal arts should provide services for college English reform in sports colleges, help English teaching to build up people, and ensure that the students' emotional attitude, behavior habits, moral accomplishment and skill knowledge can be fully developed. This requires physical education colleges to make clear the goal of English transformation and development under the background of new liberal arts construction, to formulate teaching strategy, to strengthen top-level design, to see clearly the direction of development, to aggregate educational resources, and to ensure the feasibility of English transformation and development strategy. Therefore, college English can take Lide Shuren as the strategic goal of transformation and development, introduce moral education, aesthetic education, physical education and labor education at the same time, cultivate students' cultural consciousness, language ability, learning ability and thinking quality through English teaching, and then lay the foundation for sports colleges to transform high-efficiency education through college English based on the new liberal arts background^[1].

2 Innovation as the core to enrich the new liberal arts background of college English transformation and development model

Innovation is the essential attribute of the new liberal arts, through the new growth point of the subject to upgrade and transform the traditional disciplines, seeking a breakthrough in the field of humanities and social sciences education in the new era of our country, to achieve the purpose of model innovation, theoretical innovation and mechanism innovation. For example, college English can practice Tao Xingzhi's theory of "life is education", introduce the contents of humanities and social sciences into English classroom, break down the barriers of discipline and dredge the channels of new liberal arts construction, and set up more thematic contexts such as aerospace, international trade, biotechnology, etc., guide students to read, understand, communicate, interact, think and explore, broaden English learning space, return to life, enter society and integrate into the world through English learning, and then improve their learning ability, thinking quality, language ability, cross-cultural interaction consciousness, and enhance their "four self-confidence" "in the collision of Chinese and Western cultures, To realize the goal of college English transformation and development under the background of new liberal arts. For example, sports colleges and universities can use the "Internet +" teaching model to

introduce online resources into English classes, make good use of digital technology, export diversified educational content in film, picture and audio media, provide conditions for students to listen, read and speak, guide students to participate in film interesting dubbing, text translation, picture book creation, sitcom performance and other activities, and enjoy learning fun, understand English charm, improve language ability, and develop English thinking in sports colleges and universities, so as to improve the effectiveness of English transformation and development through innovation based on the new liberal arts background^[2].

3 To improve the transformation and development system of college English under the background of new liberal arts

Integration belongs to the important way of the construction and development of the new liberal arts, which makes the new liberal arts cover many fields of knowledge and skills in humanities and social sciences, and realizes the goal of multidisciplinary infiltration, expansion, intersection and integration of education. Based on this, sports colleges and universities can open up new fields of style and style under the background of new liberal arts. On this basis, they can promote the transformation and development of college English and introduce more sports professional knowledge into English subjects. Make students' professional accomplishment and English accomplishment promotion harmonious synchronization. This requires physical education colleges to give full play to their new liberal arts construction advantages, starting from the following aspects of the development of school-based English curriculum: first, reflect the characteristics of the new era of liberal arts, learn from the "six excellence and one top" program implementation experience, to ensure that college English transformation and development can help sports colleges and universities to build new liberal arts; second, based on the new liberal arts school-based English curriculum needs moderate capacity, clear logic, keeping pace with the times, actively in line with the international frontier, to ensure that the relevant content of physical education science, comprehensive, real-time, in the English curriculum to expand, supplement, optimize the use; Thirdly, the school-based curriculum should pave the way for the application of digital technology, such as Internet of things, AI, big data and so on. It aims to update the content of education in cross-domain, transmit English knowledge with audio, video, picture and other media, facilitate students to learn, understand and apply, play the role of information teaching reform in the construction of new liberal arts, and then use information technology to enable the transformation and development of college English.

Concluding remarks:

To sum up, in order to improve the quality of college English teaching under the background of new liberal arts construction, English teachers should pour into the upsurge of new liberal arts development, formulate the strategic goal of English transformation and development, and innovate college English education model based on new liberal arts.

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