

Original Research Article

On the Cultivation and Skills of English Reading Ability

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Abstract: Reading is one of the four basic skills of English learning. It is the process of people using language and other existing knowledge to obtain information. Reading ability is a comprehensive ability of language understanding and application.

Keywords: Reading ability; Development; Methods; Improvement.

1 An overview of English reading ability

Reading is the process of people using language and other existing knowledge to obtain information. It is a complex and comprehensive psychological language activity, which is the process of readers interacting with the author through the medium of discourse. The ability shown in this process is called reading comprehension. Reading comprehension mainly refers to the ability of intensive reading and extensive reading. Intensive reading lies in "quality" and extensive reading lies in "quantity". In real life, the vast majority of reading is extensive reading. Reading ability usually includes reading speed and understanding. Reading speed refers to the amount of words read per unit time, and understanding refers to the ability to grasp the main points of the article and understand the corresponding background knowledge through reading. Draw on written information, carry out logical analysis, reasoning, judgment, and induction and summary of the article is not specifically elaborated, but also implied concepts, evaluation of the author's attitude and so on. Therefore, reading should be speed and understanding. Speed means fast, fast and wide, understanding means logical reasoning. Daily reading. To understand the main, while as much as possible to improve the speed of reading. Reading and listening, speaking and writing constitute the four basic skills of English, which is an important part of English learning and the basis and premise of developing other language skills. At present, the main way for us to acquire knowledge is still reading. Only by reading can we obtain a larger, broader and higher level of information, as well as a more comprehensive and profound understanding of the characteristics of the English language, the living habits and cultural customs of people in these countries, and only by reading can we obtain full use of English and lay a solid foundation for the improvement of listening, speaking, reading and writing skills. Therefore, for Chinese learners who regard English as the first foreign language, improving English reading ability is not only the purpose of English learning, but also the main means and ways of English learning. In extensive reading, learners absorb knowledge, broaden their horizons, broaden their knowledge, enrich their language knowledge and improve their reading ability. Only with certain reading ability can we understand foreign language materials and books, learn foreign advanced technology and experience, and achieve the purpose of communication and mutual learning. From the college English syllabus for the purpose and requirements of English teaching, the purpose of English teaching focuses on reading. As far as English examinations are concerned, the most difficult and profound part of language is reading comprehension. The largest number of questions, the most scores of the part, or reading comprehension. From the point of view of college English teaching materials, reading part is the largest, subject matter is wide, information is large, language knowledge is rich, is the focus of teaching, but also the main channel to cultivate students' reading ability because of the large teaching content and tight time, so how to cultivate and improve students' reading ability has become a key problem.

2. The current situation of English reading ability

At present, in many colleges and universities, the cultivation of students' reading ability is carried out through college English Intensive Reading Class and comprehensive English class. Although the two courses have been paid more attention to in the arrangement of class hours and the allocation of teachers, for a long time, due to the limitation of teaching conditions and time, China has adopted the mode of large class teaching, and English classroom teaching mainly focuses on explaining vocabulary and analyzing sentence structure. Therefore, students' autonomous reading ability is stagnant. Many students not only usually read very little. And reading class is also very passive, waiting for the teacher to analyze and explain the reading materials, unwilling to take the initiative to understand and think independently. Some students even get the required information directly from the translation. Through the understanding of the students, the author found that many students attach great importance to English class, but they all complain that although the vocabulary has been increased in English class through classroom explanation, because the understanding of the article only pays attention to the structural analysis of Xu Zi, so the students only learn many grammar rules, but do not learn all kinds of

reading methods, the so-called “more investment, less gain”.^[1]

3. Methods to improve English reading ability

3.1 select and correct reading methods

(1) Skimming is also called “browsing healthy reading”. It is necessary to read at the fastest possible speed, focusing on the overall meaning and important parts of the whole text without taking into account all the details. The following methods are usually used to read hailstones: note that the main contents of the article title, subtitle, starting paragraph and end paragraph o, and usually an article are reflected in the title, especially in the pay off road. The title of boxing will inform readers of the general idea of the relevant part, the beginning paragraph contains the central idea, and the end part is summary or comment. Therefore, if you skim through this kind of article, you can understand the central content of the article by simply browsing the title, the subtitle and the section with anger at the beginning of the section. Identify the subject sentence in the paragraph. The theme sentence often appears at the beginning or end of the paragraph, sometimes in the middle of the paragraph. Usually, the beginning of a paragraph is a topic or central idea, and the sentence at the end of the paragraph is used to summarize.^[2] Note some signal words in the text that play a role in connection to determine the context of the leopard relationship and conduct selective reading. The cohesion between ten days and ten days or paragraphs plays an important role in the text. Readers can understand the organization of the text according to these signal words, make necessary prediction for the following, decide which content is ignored and which content is of vital importance to the understanding of the whole text. For example, from the signal words like for instance, we can conclude that the following content is a supporting example of the theme ten days. In the skimming reading, the in combination signal drowns to indicate that the following is a summary of the main purpose or the general meaning of the paragraph of the whole text, which cannot be ignored.

(2) Reading scanning is also a fast reading method as skimming. It is a reading method that “a large number of data quickly find a specific fact or specific information such as stupid period, name, data, person name, place name, original penetration, results, etc., without reading all materials. Usually, the method of reading is used to answer the detailed questions in the text. The specific use of the two points that need attention is to stimulate two points: through the understanding of the general meaning of the paragraph during skimming reading, the scope of information search can be quickly limited; the full boxing I Lei mentions the rumors or key encounters, especially in drowning problems, that is, the key words in the question thousand are identified and the information to be searched for is remembered.

(3) The county of guessing is highly valued, not because a word or sentence is not understood to stop to check the dictionary, but through the context clues, word formation or sentence structure understanding, etc., to guess the meaning of words quickly, without interruption of the reading process, from Li to understand the content of the article faster, and to improve the reading speed.

3.2 Master correct reading skills

(1) The expansion of vocabulary English Mei CI includes derivation, synthesis and surprise. Readers should deconstruct the lexical method, understand the meaning of words from the structure of words, and deepen the memory from kindness. The methods are as follows: 1) master the combination law of front affixation. Prefix has some meaning, for example: dis 1, table negation, like dislike; agree disagree; suffix generally only changes the basic meaning of words, for example, one shows that he is engaged in a certain occupation or salary, think think, sell or. 2) Analyze compound words. 3) Strengthen vocabulary learning by using synonymy, antonymy and collocation of words.^[3]

(2) The process of learning a foreign language is also the process of learning a foreign language. Therefore, readers should have rich background knowledge and the ability to connect language information with inherent knowledge. That is to say, readers should use the corresponding background knowledge to make consistent analysis and understanding of the materials they read.

(3) Guessing and forecasting are all kinds of guesses based on language information and background knowledge. It can make judgments on the meaning, plot development and discussion process of new words by using the context meaning and logical relationship. Especially, it is helpful to use the semantic connection of context to infer the meaning of words in order to improve reading speed, use of palm aid words and memory of new words. Prediction refers to the reader's prediction of the information explanation or example, the achievement or the conclusion of the plot to be taken place by using his own knowledge and experience according to the clues provided by the reading materials. There are two direct benefits in predicting reading: to test and deepen the understanding of the article and speed up reading.

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