

Analysis on Singing Methods and Techniques of National Vocal Music

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Abstract: Music is magical, it can cross race and language to bring people communication and feelings. Whether popular, ethnic, jazz and so on, it has a unique charm. With the change and development of the times, music skills and methods have attracted wide attention. With the progress of people's life and the improvement of their thoughts, people's requirements for music are becoming more and more strict and more important. In recent years, the national vocal music of our country has been widely known and understood, and its singing method has also been innovated and developed, especially the singing skills have been obviously broken through and improved. The singing of national vocal music not only gives abundant emotion, but also focuses on keeping up with the trend of the development of the times. It not only improves its singing skills, but also changes its singing methods. How to improve the singing methods and skills, how to provide more practical experience for relevant personnel, this paper discusses and analyzes this.

Keywords: National vocal music; Singing methods; Singing skills

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1. Introduction

With the continuous progress and rapid development of the times, the national music of our country is also inheriting and innovating, and the national music singing art is an important part of our national music^[1]National folk music has a unique style of folk music and singing art, it is also in the original traditional style of continuous development to combine with modern style. Music makes the world prosperous. Today, Chinese national vocal music draws lessons from the beauty of the West. And combined with the elements of the times, therefore, China's national vocal music has a new style. These changes further improve the requirements of national vocal music singing. Chinese scholars believe that modern national vocal music is an independent professional form of singing art. Its essential characteristics are in line with the traditional national music, spiritual temperament, aesthetic habits and Chinese artistic characteristics. It inherits the essence of tradition, integrates the elements of western vocal music, and shapes a new form of singing different from tradition. The singing technique is gorgeous and rich in color, different national styles and so on^[2].

In a word, it emphasizes that "national vocal music" and "modern music" absorb each other, learn from each other and merge in the process of development, so as to realize the sustainable and healthy development of our national vocal music art in keeping with the changes of the times. It not only has the general characteristics of modern national vocal music specialty, artistry and independence, but also shows the key of Chinese national vocal music from the angle of singing method.

2. An Analysis of the Singing Methods of National Vocal Music

2.1 Breath control

The important content of vocal performance and vocal singing is to control breath, and the influencing factors of its control effect are more complex, including singing posture, emotional state and so on. For example, taking singing posture as an example, it directly affects the individual's breathing frequency and breathing condition. Objectively, the relevant practitioners are required to keep their head relaxed, straighten their back, straighten their spine, straighten their chest, and regulate their breathing frequency and mood when singing vocal music^[3] At the same time, during breathing control, be careful not to be too nervous, especially when breathing, completely open the mouth and throat, properly move the chin, ensure that the individual is always in a stable state of breathing, not too deep breathing, otherwise it will be possible to affect the tone of the individual, exhale to keep the voice full and round, timely exhaling carbon dioxide.

2.2 Breathing methods

Breathing method is the basic to determine the singing effect of national vocal music works, and chest and abdomen combined breathing method is a relatively easy to master breathing method, mainly through the use of abdominal muscles, diaphragm and chest to control sound breathing to breathe. At the same time, because most vocal performers have been trained in the range of volume fluctuation in the singing process, they can give full play to the function and advantages of chest and abdomen combined

breathing method. Objectively, the relevant singers are required to change the singing intensity flexibly according to the content and performance requirements of the national vocal music works, so as to ensure the rapid change of breath in a short period of time. At the same time, grasp and grasp your breathing opportunity properly, apply it to the field of national vocal music performance, mobilize the initiative of the singer's respiratory organ, increase the air content of the chest as far as possible, and give full play to the matching effect of abdominal muscle and diaphragm.

3. Exploring and analyzing singing skills of national vocal music

3.1 Analysis on Singing Skills of National Vocal Music

(1) Sounding techniques. China has a vast territory, a long history and a long history of art and culture, especially the rich types of music works and various themes, which is an excellent crystallization of the wisdom and sweat of the working people. Under the influence of the vast territory of our country, different regional habits and cultural backgrounds directly determine that the singing methods of each region have certain differences, that is, the local national vocal music singing has its own local characteristics. Focus on showing the cultural characteristics of each place, with extremely strong national color and local color.

(2) Singing and Teaching. In the past vocal music teaching methods, vocal music workers are often required to open their throats to sing. However, no one knows how to open them. This kind of vocabulary is not concretized, which is the difficulty of vocal music teaching. The vague and contradictory teaching terms and the unclear definition of basic teaching concepts are not the singing methods we need to improve the singing level of vocal music. So we have to change. During today's teaching, many words used in the past are gradually replaced by new words. For example, the word "open" really plays a good role in the long-term national vocal music teaching practice. Its function is to make the vocal music worker expand the oral space quickly, facilitate the sound to enter the resonance cavity to carry on the mixing study and the singing. However, due to deliberate muscle regulation behavior, it interferes with the state of natural singing and destroys the overall balance of singing. The pressure on the root of the tongue is too great, which leads to the deformation of the singing channel and the low voice. Because the vocal cord pressure is too high, there are many problems in the mechanism, such as vocal cord edema, vocal cord protruding and so on.

3.2 Breathing Techniques

(1) Singing and breathing. Breath support singing is the most basic and important principle in vocal music singing. However, the singer's breathing style is not the same as people's daily breathing style. Because singing needs to be done in the breath, the singer's breath should be slow and calm, which requires the singer to inhale quickly and deeply in order to provide a good breath state. Therefore, breathing in singing is the transformation of consciousness into natural breathing movement.

(2) Breathing exercises. During singing, the brain basically regulates breathing, so mastering the correct breathing requires practice. Before practicing, the singer needs to land his feet naturally, keep his back straight, find a comfortable sitting position, and keep the surrounding environment quiet. Practice as follows, but be careful to avoid excessive breathing and rapid wheezing. Sit for a minute and concentrate. Breathe smoothly and naturally. Adjust the breathing rhythm and exhale twice as fast as inhale. The emotion was expressed by short breath and long breath respectively. Breathe in with your mouth and nose and hum gently during the transition between inhale and exhale. Apply this breathing style and feeling to the song.

4. Resonance Techniques

4.1 What is resonance

From the perspective of auditory aesthetics, resonance is an important standard to reflect sound quality and a unique tone color for everyone. Because sound can not be fixed, it can only rely on personal hearing and understanding to make a general statement. So vocal music workers need to sing a lot to find their own resonance point. For vocalists, they also need to find the most appropriate terms to accurately describe different timbre.

4.2 What is resonance and how it is formed.

From the acoustic point of view, any sound with good sound quality, brightness and loudness needs to expand the sound vibration in a certain space. Singing resonates when the vocal cords simply vibrate weakly and they expand the space of the body's throat and mouth; according to law, the sound of vibration spreads to 360 degrees, so it can be considered that the whole body of the vocalist is the resonance box of the sound, increasing the volume of the vocal cord, according to the length and size of the singer's throat, the sound quality and tone of the mouth, body and other cavities that resonate differently.

5. Three concluding languages

The development and process of contemporary Chinese national vocal music art, the times have given the national vocal music art many opportunities and challenges, we should seize the opportunity, technical theory and other aspects of the combination to accelerate the development of music style, To strengthen the unique music characteristics and singing style of the nation. We should continue to pursue, explore and develop the contemporary Chinese national vocal music singing art, and continue to explore and promote it in this process, gradually promote its development, and seek a more suitable way for the development of Chinese national vocal music singing art. In order to understand the significance of Chinese national vocal music singing art.

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