

Research on the Synergistic Development System Construction of “Sports+Ideology and Politics” Under the Background of Times

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Abstract: Ideological and political course is the key course of the fundamental task of moral education. To run the ideological and political course well, it is necessary to promote the integration construction of ideological and political course, and promote the connotation development of the construction of ideological and political course. Thus it can be seen that strengthening the construction of “curriculum ideological and political” has become the general trend of The Times. As an important component of the curriculum system of colleges and universities, physical education curriculum should be integrated with ideological and political elements and connotations, especially in the new era, to promote the synergistic effect of “physical education+ideological and political education” and cultivate outstanding talents. Therefore, this paper studies the system construction of “sports+ideological and political” coordinated development under the new era background, and puts forward the strategy of “sports+ideological and political” coordinated development under the new era background, so as to give full play to the all-round education function of college physical education courses.

Keywords: New era background; “Sports+Ideology and Politics” Coordinated Development; System building

In the report of the 19th CPC National Congress, General Secretary Xi Jinping proposed the goal of “extensively carrying out national fitness activities and accelerating the construction of a sports power”^[1]. Accelerating the construction of a strong country in sports is an important content for China to become strong in the new era^[2]. Since the reform and opening up, China’s sports cause has made considerable development and progress, especially since the 18th National Congress of the Communist Party of China (CPC), China is stepping forward towards a sports power^[3]. Physical education curriculum itself contains extremely rich ideological and political elements, which plays a very important role in promoting the all-round development of college students’ morality, intelligence, body and beauty. Since the concept of “Curriculum Ideology and Politics” was put forward, all universities in China have actively participated in the construction of “Curriculum Ideology and Politics”, and explored a new path for the coordinated development of “Sports+Ideology and Politics”. Class under the background of new era, colleges and universities sports curriculum construction to combination of sports and education courses, fully excavate ideological elements in the physical education curriculum, to infiltrate the fusion ideas into action, to integrate sports ideological elements for development characteristics, actively explore the new concept of education curriculum and the coordinated development of physical education curriculum, the new form and new model. It is particularly important to explore the physical education teachers to combine the value idea of cultivating people by virtue with the physical education curriculum, so as to change the stereotype of college physical education curriculum and give full play to the educational function of physical education.

1. Necessity of the coordinated development of “sports+ideology and politics” under the background of the new era

From the personal level, the coordinated development of sports ideology and politics in the new era is conducive to the cultivation of college students’ sense of competition and cooperation. Physical education course is characterized by its antagonism and competition, through participating in various sports games, can let college students in the process of experiencing success and failure, establish a correct view of victory and defeat. The combination of sports and ideology and politics is conducive to stimulating the positive enterprising spirit of college students, forming a good competitive mentality, enhancing their creativity, helping them actively face the setbacks and difficulties in life, and taking up the responsibility of the nation. The spiritual elements of physical education have something in common with the connotation emphasized by ideological and political education. The combination of sports and ideological and political teaching is conducive to the exploration of ideological and political elements contained in sports and the dissemination of positive attitudes. For example, by carrying out sports activities such as intramural football matches and volleyball matches, it is helpful for college students to form a good collective concept and spirit of unity and cooperation, make college students actively participate in team cooperation and cultivate their collective concept and sense of team cooperation.

2. The problems existing in the ideological and political teaching of college physical education under the background of the new era

From the current situation of the integration of "ideological and political+physical education" in colleges and universities, both teachers and students have relatively weak ideological and political concepts and lack of understanding of ideological and political. From the physical education class of college students, the performance of college students in class is not active enough, often follow the pace of the teacher. The essence is that the integration consciousness of "sports+ideological politics" is relatively weak at present in colleges and universities, which results in the difficulty of reflecting the educational essential function of ideological politics in sports. Sports ideological and political thinking emphasizes the integration of sports spirit and cultural construction with ideological and political thinking, and integrates General Secretary Xi Jinping's new era socialist thoughts in the physical education curriculum, so as to avoid students not distinguishing right from wrong and realize the unity of knowledge and action. In view of the current situation, the ideological and political integration of college physical education is relatively weak, which is mainly manifested in the lack of full combination of theory and practice. When students do not obey the discipline in class, teachers only punish students through corporal punishment without joint ideological and political education, which leads to students' insufficient understanding of the essence of physical education curriculum, and the educational function of physical education curriculum is superficial and fails to play a real role.

3. The construction of the coordinated development system path of "sports+ideology and politics" in colleges and universities under the background of the new era

In view of the weak consciousness of integration of ideology, politics and sports, and the difficulty in reflecting the essence of education, we should establish a correct consciousness of integration and improve the comprehensive quality of teachers. Teachers play a direct guiding role in the process of teaching, and whether teachers have the correct consciousness of ideological, political and physical education integration is of great significance to the collaborative development of "physical education+ideological and political education" in colleges and universities. In this regard, college physical education teachers should strengthen the study of General Secretary Xi Jinping's series of speeches, clear the theory and guiding ideology of socialism with Chinese characteristics in the new era, rooted in college physical education course teaching, the process of teaching should strengthen the guidance of students' political thoughts, so that students set up a correct goal in life. In class, PE teachers should set up correct sports competitive spirit and values while teaching PE knowledge, and guide students to integrate PE thoughts in the process of growth. In addition, through sports activities, students can be guided to self-cognition and evaluation, cultivate students' sense of unity and cooperation, and enhance students' interest in sports learning.

Conclusion

Under the background of the new era of "sports and education" collaborative development system construction from the actual correct consciousness, improve the teaching evaluation system, innovation fusion method, three aspects to cultivate the students' enthusiasm, guide the students in physical education learning in the process of set up the correct value guidance, to cultivate the students' competitive spirit and unity consciousness, and through the sports education teaching to dig deeper into the cultural connotation, realizing dreams sports power.

References

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