

Original Research Article

On the Cultivation of College Students' Quality through Ideological and Political Education

Yunfei Liu

Chengdu University, Chengdu 610106, Sichuan Province, China

Abstract: Since quality teaching has been fully prevalent, the cultivation of students' quality is a very important lesson in the teaching process of universities. However, judging from the actual teaching environment in my country, some teaching is still in a relatively backward state, leading to the quality education of college students cannot be mentioned. This article will give targeted measures to solve the problems existing in university teaching and propose corresponding measures for reference only.

Keywords: University Ideological and Political Education; University Students; Quality Training

1. Introduction

A university is a place for cultivating comprehensive talents and an important place to strengthen the ideological and political education of college students. The ideological and political education of the university is related to how to cultivate the quality education of college students. Most of the content of the ideological and political education of college students is Marxist theory. Marxist thinking can improve the thinking ability of college students, and then improve their own comprehensive quality. In actual teaching work, students have individual differences. Therefore, college teachers should compare the individual differences and actual life conditions of students with those of Marxism. The content is linked, so that students have interest in learning, and lay a good foundation for cultivating the comprehensive quality of college students.

2. Strategies for cultivating the quality of college students by ideological and political education

2.1 The concept of innovative education

In college ideological and political education classrooms, if you want to cultivate the comprehensive quality of students, you need the active participation of teachers. Therefore, teachers should prepare the content of ideological and political education courses in advance and link the content with the status quo of college students. Due to the social environment Due to the influence of the family environment, current college students generally have this strong self-awareness. Therefore, in the process of education, teachers must change traditional education methods and update their own educational concepts. Due to the demand for quality education, college students must not only learn culture Courses and professional courses must also be quality-oriented education to cultivate comprehensive talents for the society. Therefore, teachers must strengthen the innovation of ideological and political education to cultivate students' ability to think independently and learn to innovate themselves; in addition, ideological and political education in universities is not only It only needs to be reflected in the ideological and political classroom, but also integrated into the education of various subjects. First of all, college teachers should be trained in ideological and political education, so that they have this awareness, and fully understand and master the content of ideological and political education. Only in this way can the ideological and political education content be better integrated into the curriculum, so that the education that students receive is a comprehensive education, can effectively cultivate the comprehensive quality of students, and let students release their personality, combine their own advantages, and grow more. it is good.

2.2 Build an open education platform

For quality education in universities, building an education platform is an indispensable link. In ideological and political education in universities, the main method is still presented in classroom teaching, but teachers are teaching theoretical knowledge of ideological and political education. At the same time, we must also actively carry out classroom practical teaching activities to build a practical platform for students, so that students can understand relevant theoretical knowledge more thoroughly in

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the process of practice, so as to integrate ideological and political content into their own thoughts and lives. Let students have a deeper understanding of society and a more comprehensive understanding of the country, so as to establish their correct values and outlook on life.

2.3 In-class teaching and extra-curricular teaching are combined

Most students have a strong sense of self-centeredness. Therefore, when teachers conduct ideological and political education on students, they need to increase their education and cannot perform superficial work. Otherwise, it will be difficult for college students to change their misconceptions, so teachers are thinking In political education, education should be carried out in all aspects through multiple channels, so that college students can receive ideological and political education at any time. When the teacher's ideological and political work is in place, then the concept of college students will automatically change, quantitative changes cause qualitative changes, and college students Only then will they pay attention to the development and improvement of their own quality. Teachers should transform the boring theory of knowledge into novel ways to teach students in class, and arouse students' interest in learning, such as through video, storytelling, or Teachers can combine their own personal experience to organize a good language to speak to students, so that it is easier to resonate with students, and then discuss with students, contact their actual life, find and solve problems; when teachers organize extracurricular activities, fully Give full play to the role of class cadres, let them participate in the process of organization, take the lead, let students discover problems in activities, or explore problems, analyze them, and take corresponding measures to solve them. Students not only gain in the activities, but also It can also exercise their abilities in all aspects, allowing students to better apply the theoretical knowledge learned in class to extracurricular activities and get better practice.

2.4 Create a campus atmosphere and build a team of ideological and political teachers

University education should place ideological and political education in an important position. Therefore, universities should establish a top-down education mechanism, build a distinctive campus culture, and carry out a variety of campus activities, so that students can feel a strong campus Culture, under the subtle influence of campus, allows the content of ideological and political education to permeate every corner of the university campus, so that students are always influenced; in addition, it is necessary to strengthen the construction of ideological and political teachers, and schools should cultivate a group of professional ideological and political teachers , The teaching team has solid theoretical knowledge and strong political beliefs, can organize teachers to study ideology and politics, promote teachers of various subjects to improve their teaching standards, and innovate their own teaching methods. In addition, the school must continue to take various measures to protect teachers, the quality of the team actively introduces outstanding teachers, commends outstanding ideological and political teachers, and allows teachers to gain a sense of accomplishment in the teaching process.

3. The positive influence of college ideological and political education on the quality training of college students

When a university conducts ideological and political education, it should first determine various plans such as training goals, educational programs, guiding ideology, etc., which can point out the correct direction for the school's quality training of students; in addition, university ideological and political education can help cultivate students' quality. A good educational environment and atmosphere, through the dissemination of ideological and political education content, and the development of various ideological and political education content activities, can enable students to reflect on themselves and improve their overall quality; finally, colleges can conduct ideological and political education. Let students have a good psychological quality, and let them develop a good moral quality of perseverance, diligence and rigor, which is conducive to the future development of students.

4. Conclusion

The cultivation of the quality of college students should be a persistent educational work of the school, so that students not only receive ideological and political theory knowledge in the classroom, but also be influenced by various cultures in life, and conduct daily self-supervision. Teachers are in the process of education. China must also pay attention to improving its own teaching methods, updating its own teaching concepts, and building educational platforms for students. From school to teachers to students themselves, they must pay attention to ideological and political education, so as to better cultivate students' comprehensive quality. Conducive to the overall development of students.

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