

# The guiding role of learning theory in educational psychology in English teaching

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**Abstract:**Four classical learning theories in educational psychology:behaviorism learning theory,Cognitive learning theory,Humanistic learning theory and constructivist learning theory for English teaching productionhas a positive effect.discusses the guiding role of the four classical learning theories in the course of English teaching,Teachers should master the relevant learning theory knowledge and English teaching characteristics,The theorycombined with practice,Personalized differences for students,teach according to the,take multiple teaching methods,implements optimization of teaching effects.

**Keywords:**Educational psychology; learningtheory;English teaching

is currently,College English is a non-English major in all universities in ChinaPublic Compulsory course,asignificant proportion of class hours.however,onactual teaching activity,Whether it is a teacher'steach,or Student'sLearn,has a number of bottlenecks.subject to students,teacher tolead,Mutually collaborative teaching process,contains numerousPsychological factor.in college English teaching,How to use education effectivelyPsychology Classic Learning theory guiding teaching practice,is a demandingtopics for in-depth study.as a \_Portal Application basic discipline,HearttheStudy of many subjects has a significant effect.and the heartproject to Pedagogy field,and the education principal and guestbody effects,resultinginterdisciplinary,call Education HeartNeo.Educational psychology can play a role in all teaching activitiesinestimable effect,Canadian scholarH.H.SternDr. saidover, ""No one can understand psychology and tutorial theory to engage inlanguage-related teachings,Same,Many teaching theory works,Heartfeature signs,And sometimes refer to modern psychological theory whenis no wonder.Teaching psychology focuses on educational situationsThe basic psychological laws of learning and teaching.where,about the human learning processpsychological activity,oneStraight is the main content of educational psychology research.Different genres studied the problem from different perspectives:behaviorismtheory to emphasize learning isthe-Enhancement of the coupling between the ""-;AwarenessDoctrine emphasizes learning as a change of cognitive structure;humanismon proposing learning is self change,constructivist theory emphasizes learningLearning is a process in which the subject is constructive to the object.<sup>[1]</sup>.theoriesfor solving problems in college English teaching,no doubt fullstartmeaning.

## 1. The revelation of behaviorism learning theory:Spec Program,Buildelevation benefit stimulus

behaviorism Learning theory that learning is a stimulus and reaction of thejoin,is an intensification of learning behavior,therefore advocates programmatic teachingLearn.emphasizes prompt feedback on students ' responses,Hardening positiveface response.behaviorism represents one of the characters Thorndikethe: ""Learning is binding,people are longer than learning,that is because he formed thisMultiple binding.This learning process is progressive"try and error",Straighttto last successful procedure, it's also called trying and error saying(Jane"try to say incorrect-

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ly)<sup>[1]</sup>.another behaviorism representative character Skinner mainZhang:All learning behavior is stimulating,process of reaction and hardening,itsReflection form mainly has"Responsive reflection"andOperational Reflection.should bebehavior reaction caused by known stimuli,isThe spontaneous response of the organism itself is an operational reflex.onSkinner looks like,Speech Act is also a seriesS-RUnion withCustom behavior of hardening,Learning is an operational lineto<sup>[2]</sup>.]so,behaviorism Stress language Learning Mechanical training,recognizeAform factor for a language habit must be practiced through a highly repeated,finally forms the custom of Automation,To achieve an unthinking talkand out,Tolearn a language.behaviorism considers all learningbehaviorall stimulus,process for reaction and hardening,Morestimuli,TolearnThe effect of learning may bebetter.

FollowtheKrasleninput hypothesis proposed by,Advancing LinguisticsThe prerequisite for learning is for teachers to provide students with the most optimized language input.thelanguage content entered should be a large number of students to understand,Interesting,instead of overly emphasizing syntax.Modern instructional technology in large

application in English teaching,In addition to providing richer for studentsEnglish Learning Resources,can also effectively enhance the novelty of classroom stimulation,, toinspire students ' intense interest in learning.

A listening and speaking method based on behaviorism psychology(audio-lingualApproach),Mechanical Training for languages,recognizefor the formation of a behavior habit must be through repeated contact.Foreign language teaching mainly through stimulus-response-Enhanced sentence practice,andrepetitive mechanical drills,The habit of forming automation.Audiovisual method(Audio-visualapproach)emphasizes the phase of image and recording stimulationinterconnect and function.in the course of English learning,to use multiple teachingsLearningMedia as a way to stimulate students to learn,allow students to acceptand process, toform long memory,Achieving expected learningeffects.to enhance students ' good performance and habits,will unknown knowConvert to introspective information,and achieve proficiency,finally reachesblurtedout, toCreate language sense.based on behaviorism psychologytheoryTeachers should establish effective"stimulus" in teaching-reactionprocedure,Create this connection with different media and methods,Enhanced"stimulus-"'s directivity and validity.hold"English corner", "EnglishperformanceTalk contest", "English reading report",organize students to watch English recordlike programs are effective teaching methods.

so,in college English teaching,teachers are looking for effectivelyand forming a positive stimulus for learning,for students ' corresponding antiShould be enhanced in atimely manner.for students who actively attend class activitiesgive a compliment,persist in writing comments to student assignments.students get the idealintimeto encourage,When an error occurs it also needs to be feedback,This allows students to adjust or correct their own behavior.,therebyto achieve a good learning effect.

## **2. The guidance of cognitive learning theory:Custom Inspired,tuneActiveStudent Initiative**

Cognitive psychology advocates,Human learning is done by acknowledgingTheprocess of getting meaning,Learning is the reorganization of cognitive structure<sup>[1]</sup>.becausethis,They emphasize that the real goal of education is for students to build themselves fromOWN knowledge structure,make students learn.

for people such as Bruner and Ausubel that:Learning is\_Cognitionprocedure,student through cognitive process,Understanding meaning,get image,Palmhold their own cognitive structure.They emphasize both the learning material itself, the inner logical structure of the,,also emphasizes the existing knowledge and experience of theaction.Newly acquired knowledge experience occurs with previous knowledge experienceinteraction,new experiences get new meaning in the minds of learners,theseis the fundamental principle of learning change.Cognitive Emphasis whether it's asubjectlearning or discovery learning,is a proactive process.also,The transformational generative approach proposed by Chomsky,emphasize trainingpracticing language skills as a foreign language teaching

purpose, Listen to, says, Read, Write using language proficiency as a means, Emphasizing learning a foreign language is a creative procedure. The cognitive process of contains perceptions, Understanding, inference etc cognitive activities. Teachers should actively create problem situations in teaching, Guide students to solve problems themselves, Let students take the initiative to learn, Palm Grip Knowledge helps translate external motivation for students to learn English to internal Power, to improve students' enthusiasm for learning English, Enhanced Learning persistent.

The Cognitive School of Learning has always emphasized the initiative of students to learn, recognize The motivation for students to learn is to drive their learning power. Strong learning Learning interest, Strong thirst for knowledge, Explore the curiosity of things and so on to inspire students' enthusiasm for learning, is the core of the learning process. so, The cognitive school emphasizes the use of heuristic in English teaching Learn method, cannot just focus on imparting knowledge, Note that you should practice the, in teaching, teachers should be good at talking to students through questions and dialogues to communicate. Cognitive Psychology as a theoretical basis for foreign language cognition-Symbolic teaching method (Cognitive-code approach) accent Foreign Language The purpose of the study is to develop students' language abilities, to enable students to use them to create the sentences that need to be applied, Emphasis on foreign languages Learning is meaningful learn, Students must understand what he has learned from beginning to finish language knowledge and listening, says, Read, What is written.

Foreign Language learning is a very complex process, Teachers in teaching to motivate students to learn the motivation, take advantage of their curiosity Heart, focus on the learning process, can be created with problem Scenario, Flexible teaching methods, to mobilize students' autonomy Learning Enthusiasm, Guide students to think more, Mastery of the knowledge. The cultivation of students' abilities can be taught through the teaching of the in the classroom teaching, The is mostly about promoting their cognitive activities, Culture raise them to build new knowledge on the basis of existing knowledge.

### **3. Humanism Learning theory experience: Communicate Emotions, To play Create harmonious teacher-student relationship**

The Humanistic School, represented by Maslow, attaches great importance to the study of The person factor in the process, Emphasizing the learner's own wishes, Love sense, need and Values, treat the learner as the primary body. The essence of learning is learners' access to Knowledge, skills and development intelligence, establishing good relationships between teachers and students. Maslow refers to show: Exploring motivation is a student's instinctive motive, Mandatory teaching will counterproductive, Learning activities should follow students' own choices and decision. the Primary task of teachers in teaching is not instilling knowledge, But for students to create a good learning environment, enable students to be able to customize Has chosen and decided, He can learn the knowledge he needs. rom, Jess believes that learning should be student-centered free learning. When a teacher organizes student learning activities, Just divide learning activities scope, Let the students choose their own specific direction, and explore and found the result. The teacher's task is to provide the necessary assistance, help Student students reduce difficulty in learning. only the autonomous choice of learning activity, to be fun for students, help find problems, Think test questions and seek answers.

so, Humanistic theory advocates student-centric, advocates Create true, Everyone understands and accepts relationships. strong tone "Free learning" and "Student Center, considers intimacy, Harmonious Division Health relationships can make students feel safe in English learning, thereby daring Show yourself, And then creatively develop your potential.

in college teaching practice, teachers to promote student-centered education mode, and strategies for affective teaching. teachers should be charged Respect students' individual psychological differences, Respect each student's knowledge. Desire, encourages students to actively participate in learning. current textbook content close to life, celebrate a positive and healthy attitude towards life article many. teacher to contact life actual, Note training students from respect for confident character. on teaching hardware settings, set student as The teaching idea of the center, Creating a good

classroom atmosphere. teacher in the teaching to be actively involved in the emotion, good for appealing language and rich expressions, Passionate attitude to organize teaching, Infection students, make students consciously have a strong thirst for knowledge. Learn about the problems that appear in the for students in a timely manner and guidance, to focus on the student values Education, developing students ' healthy personality. at the same time, teachers and students there is a good interaction between, teachers and students being honest with each other, Learn more about students ' personality differences, in accordance with their aptitude, forming emotional thaw Negotiation Learning Context. Teachers should guide students to learn English independently the value and meaning of learning. Teachers should respect students, to take students to as the main body of a learning activity, valuing students ' own wishes, Emotion, require to and values believe any student can develop his potential., and finally achieving self-realization.

#### **4. The impact of constructivist learning theory: focus on Interaction, opens Open students ' creativity**

Constructivist psychologists believe that, Learning is in a certain social cultural background, meaning through interpersonal social interaction Construct procedure. They emphasize that knowledge is not a one-way from a teacher to a student. degree delivery, It is the process of constructing knowledge by students themselves. learn learn no longer passive message recipient, instead proactively construct the the The meaning of the information ' where, Context, Collaboration, communication and meaning are Four elements of constructivist learning theory.

Constructivism believes that learning English is not only about acquiring language custom, Creative use of language structure. interaction is An important way for the construct meaning, in English class, Most valuable The activity of is composed of students randomly forming groups and interacting with each other comments, To construct knowledge in English. constructivism view, student is the subject of cognition, is the active constructor for knowledge meaning, teacher only on the construction of students ' initial meaning in English learning Help and promotion in, Teachers should not be content with the direct inculcation of knowledge, In the English Learn explicitly " " Student-centric " ". in teaching, teacher to be good at guiding students to participate in the learning of Knowledge, valuing teachers and students, Student Collaboration. Group Mutual effect between students, To explore the strategy of collaborative research for instructional guidance, attach to Learning group as single bit The teaching method to explore the problem.

The construction of new knowledge meaning is accomplished by assimilation and adaptation. build structuralism theory emphasis on learning-centric, in the full process of English in, This should be positioned as the subject of constructing English knowledge, instead of This is a passive recipient of English knowledge and a indoctrination object. teacher to full to give students the autonomy of learning, teach students how to learn and learn Ability, Emphasizing the rich multi-directional communication between teachers and students, promoting collaboration Learning and interacting with. throughout the learning process, teachers should play organizer, role of mentor and helper. in the actual classroom teaching, Teachers should be flexible with task-based approach, situational pedagogy, Item method, Brainstorming Method, Case-Teaching method groups weaving teaching, Motivating students to collaborate learning<sup>[4]</sup>.

Summary, The Classical learning theory of educational psychology is the study of modern English The important theoretical basis of the teaching method, can help teachers find teaching law, resolving a series of psychological problems in teaching practice<sup>[4]</sup>. english Teachers have some educational psychology knowledge, helps you understand students in English Learning psychological process, Learning features and learning motivations, as far as to eliminate their psychological barriers to learning English, targeted at Use appropriate teaching methods, inspire students ' enthusiasm for English study, thereby to achieve a good teaching effect.

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