

# Comments on the development of adaptive Physical Education in Europe and America and its Enlightenment'

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**Abstract:** Belly to ] Comments on the development of adaptive Physical education in developed countries in Europe and America , Understand the basic situation of the development of adaptive Physical Education . This is for Our country tamping Adaptive sports theory system , Development of special education provides theoretical basis and practical reference :- Unified Adaptive Physical Education concept , Create an Adaptive Physical Education system with Chinese characteristics , Increasing the study of fusion pedigree teaching , To offer undergraduate and postgraduate education in the direction of adaptive Physical Education .

**Keywords:** Adaptive Sport ; Special Education ; Apocalypse

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1. Adaptive Physical Education as a A special intervention , to to meet the sporting and health needs of a particular group of people well , improve body body quality ,perfect personality , Enhance social resilience , becomes a social useful people " [1]." European and American developed countries since century 50 age to start adaptive physical education after the , after more than 60 years of hair show , applied and validated in theory and practice , has become The International mainstream special physical education and activity mode . China adapt Sex Physical Education is still in a passive and spontaneous stage , does not establish an appropriate Physical Education and daily activity system for specific people's needs , cannot guarantee sports rights for special people . This article through to Europe and the United States developed Countries ' adaptive Sports Development Review , To Learn about adaptability Basic Trends in sport development , for our country tamping adaptive sports theory system , The development of special education provides theoretical basis and practice for reference .

one , Adaptive Physical Education concept resolution

Adaptive Physical Education is first called Corrective sports ( Correc tive physical education ) . 1952 year , US health , sports and Leisure Association Learn from the development of the Theory of leather Asia , proposed adaptive body Education ( adapted physical Education ) concept " Adaptive Sex Sport is for those who may not be safe or successful to participate in the general body A variety of design adaptations for disabled students in education curriculum [1] [2] " [2] , : Its teaching purpose is "" to accommodate the interests of disabled students , ability and defect [ 3] . currently our country is vigorously adjusting the traditional special Physical Education process ,Update Special Physical Education and daily life ideas and tools , allow everyone to actively participate in an accessible environment Plus sports activities . Adaptive Physical Education can science , Accurate and comprehensive meets the above requirements , can " Better handling special People's body live motion- related issues [4] .

## 2. Review of the development of adaptive Physical Education in the United States

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The United States as the first country to conduct research into adaptive physical Education Home , leading position in theoretical and practical research . Adaptive bodyEducation in the U.S. development process , based on the concept

of its definition , teach Education philosophy and major changes in social services , can be divided into four levels paragraph .

## **2.1 Medical Gymnastics period (1903 years ago )**

1903 years ago , The essence of Physical education in the United States still belongs to sports medical , to prevent , The develops and corrects primarily .<sup>[5]</sup> , first sports course only the pawn , Marching and body function learning . with German gymnastics , red Canon Gymnastics and English outdoor sports enter the United States ,American University sports teacher ( major sports medicine doctor ) to move medicine to the original combination , formed with physical training , Light Instrument gymnastics and Education and teaching research

Soft Gymnastics as one of the American gymnastics , The purpose of the course is to prevent disease , Promoting health and posture correction .

## **2.2 Corrective Sports period (1903 year - 1955 year )**

1903 Year \* The connotation and denotation of sport by the American Sports Association has been extensively discussed , for adaptive Physical Education discipline and its research The research direction lays the groundwork for .<sup>[6]</sup> John Dewey's New American sport Pie , 10 emphasis on the social transformation of education , Think of the school as Social , Education is Grow , Education is adapts to . US \$ education begins with a medical-oriented transition to physical activity as Center , but at that time, the school did not carry out the remedial physical education completely to take to the school itself .<sup>[7]</sup> with two world wars and Korean War End , veterans back to the United States , doctor and Sports education Division Discovery , diseases such as amputation and spinal cord injury are not available through the straightening positive Sports Improvement's , so , academics began to look for new theories to Rehabilitation Veterans ' athletic ability . 1940 year , University of Michigan Rename Corrective Sports to Adaptive Movement ( adapted physical Sport), and open a postgraduate course for boys only in 1945 year , include physical check , teaching content such as physical fitness assessment and physiotherapy .

## **2.3 Adaptive Physical Education period (1955 year - 1970 Year )**

with the idea of integration education , Children with disabilities start by sending Boarding school go back to community school with regular students , Academic NoteThe difference between a special student and a normal student , start urgent Find find new ways to teach , to meet the needs of handicapped students . 1952 year , U.S. health , and sports , Leisure and Dance Association adaptation to Physical education The Committee began to use the concept of adaptive Physical Education as Authority A special term for sex . 1956 year , Michigan State University delegate Wessel Professor develop Adaptive Physical education learning content and build Physical Therapy School. Wessel Professor developed adaptive Sport Education Course , applies to physical disability or motor function caused by injury Restricted students , help them evaluate their physical abilities , and to make Lifelong sports plan accordingly . This period is made up of corrective body Fertility and adaptive Sports to adaptive Physical Education transition period . public State School The number of disabled students has increased dramatically , for adaptive sports

The rise of the dynamic provides social environment and teaching practice support .

## **2.4 Adaptive Sport Activity (1971 Year - )**

century era , The United States began to legislate to protect Education rights for people with disabilities . education experts begin to advocate for adaptability physical education as a compulsory educational service for handicapped students works .<sup>[7]</sup> transition from original isolation teaching to Fusion Education , based on student's actual needs , provides the most appropriate teaching ring borders . 1994 year , Sports Education and Leisure Committee for People with disabilities Cloth The United States national standards for Adaptive Physical Education , to ensure that a qualified PE teacher is provided for adaptation sex education. The standard becomes The standard for adaptable physical education teacher training in countries worldwide . This period , American scholars begin to pay attention to the theoretical system of adaptive sports discipline , establishing discipline core concepts , Ask key questions , form

Adaptive Body Fertile epistemology , Methodology and research procedure ,<sup>[2]</sup> All universities this and Postgraduate courses are updated by adaptive Physical Education to adapt sexual activity , Course content added to sports for disabled athletes Functional concerns , , and attention to rehabilitation of community sports for the disabled . Guide Adaptive Physical Activity to a healthy health , Enhanced entertaining and socially active activities, Enhancing the confidence of special people heart , To gain more physical activity rights .

### **3. Review of the development of Canadian Adaptive Sports Education**

because people with disabilities account for the population of Canada 15%, Add The big Government attaches great importance to sports activities for people with disabilities . Canada French and British colonial rule , is adjacent to the United States , so its education presents a feature of multiple compatibility . addition , Canadian government-given Square and school to " Education Law " and the School Law A certain right of interpretation , To meet the actual needs of the region and schools , make it adaptable sport Development forms a more distinct phase and pattern .<sup>[8]</sup> based on it Read definition , educational philosophy and major changes in social services , can be divided into is three phases .

#### **3.1 segregated special education period ( I 1960 Year before )**

1960 years ago , Canadian Adaptive Sports basically follow the

Li Xinliuji Xiaoxiao : comments on the development of adaptive Physical Education in Europe and America and its revelation to China Special Education Model development in Europe, especially in the UK , The earliest special The education is also the beginning of the setting up of the school for the deaf ..<sup>[9]</sup> but adaptive body The formal beginning of education was in the First World War . , Canada The rehabilitation Physicians for are engaged in a lot of physiotherapy and rehabilitation work , To Explore The benefits of gymnastics to rehabilitation for people with disabilities , and built at McGill University the first gym in Canada, Canada's Adaptive Sports the establishment and development has had an important and far-reaching impact . p 1943 year plus Grand promulgation "" Canada National Body Health Act, Government start product very intrusive public health area , But this period , Canadian Adaptive Physical Education as in Europe, basic meter with isolated teachings Learn how , is still in the original isolated special education phase .

#### **3.2 Dual education period (1960 year -1980 year**

with the introduction of the concept of adaptive Physical education in the United States , and plus take big economic development and social progress , people pay more attention to development special Physical Education . 1961 year , Canada promulgated " Fitness and amateurs " Parenting ,, promoting sports events , Improve the health status of Citizens . 1968 year , The first National Paralympic Games held in Canada , Promotes the development of Canadian adaptive sports activities . 1973 years , International Fitness Sports Alliance established in Quebec , Canada, to The development and promotion of adaptive sports in Canada has created a major push . actions with . country ,Local governments and communities begin to consciously add resource , Removing obstacles to meet the sporting needs of people with disabilities , Public schools are also starting with the concept of integrated education , Recruiting Handicapped students , with Normal students for physical education .

#### **3.3 Adaptive Physical Education activity period (1980 year -)**

century years after , Canadian Adaptive Physical Education

Develop more formal , Science , Frontier . 1986 year , Canada set active Life Alliance for People with disabilities, The development of adaptive Physical Education now to evaluate , explore the participation of handicapped children in physical education Ask analysis , Future development strategies for adaptive Physical Education . 1991 year ,The Federation has launched a Human Resources Training program for adaptive sports Educators , 1992 Year , The has also been launched for children with disabilities Assessment of physical activity . the Canadian provinces presented health and PE course standard Version , The Ministry of Health has also distributed adaptability to schools Sports

instruction manual , to Ensure that students with disabilities are in the context of integrated education The, is subject to the same physical education .

## **4. Review of the development of adaptive Physical Education in Europe**

Europe is the birthplace of special education , 1760 Year-established English The School of the Deaf in Edinburgh is the first special school in the world. , 1888 years ,Germany Berlin founded the world's first deaf sports club. section . long , Education for special people in European countries is based on psychology - Medical mode , The is primarily held by religious institutions . second world after World War Adaptive Sport concept from the United States to Europe with after , European Adaptive Sports Education develops rapidly , and set up a European Adaptive Sports Federation . According to its definition , education concept and major changes in social services , can apply European adaptive Physical Education The IS divided into three phases .

### **4.1 Quarantine Special Physical Education period (1945 year ago )**

Because of the two World War , There are a large number of disabled soldiers in Europe , Medical institutions to take the volleyball , Swimming and other items as a means of rehabilitation the into rehabilitation treatment for amputees . Governments start providing competitive sports and leisure sports services for people with disabilities, improve disabled physical condition , Promote disability sports development . But for the moment period , Most of the studies in Europe support the use of disabilities in isolation State for Physical education and exercise rehabilitation .

### **4.2 Integrated sports time (1945 year - 1993 Year )**

4.2.1 1944 Year , The British government has issued a Education Act , requires solid Integration Education , breaking an isolated educational state , to use disability Health or physical exercise students are included in general school education . Adaptive sports concept from USA to Europe, Continental European countries start to change the original isolated physical education and sports rehabilitation status . but due to the economic and social particularities of the whole of Europe after World War II , do Tube Europe set up The European Adaptive Sports League 1973 , i body Education still fails to include all handicapped students . Fusion teachings Education and teaching research is limited to children with mild and moderate disabilities , heavy crowds remain in special School Life . due to system , resource , environment and teacher training not ready for anything . , So one of the handicapped students at this time Physical Education did not achieve better results .<sup>m</sup>

#### **4.2.2 Adaptive Physical Education period (1993 Year -)**

1993 Year , The first European adaptation was convened in Reuven, Belgium Sexual Sports Forum , marks the entry of European adaptive Physical Education into the A new era . 1994 year 6 Month , in Spain Salamanca all held "" World Special Education Convention <sup>n</sup> , has enacted Salamanca Proclamation say , explicitly put forward the idea of full education . European countries special Industry people begin to combine adaptive physical education with integrated education , send table academic papers and monographs , Set up research institutions , Open Physical Education class process , organize teacher training . <sup>[all]</sup> on year 7 Month , English Manchester University held "Fifth International Special Education Conference " , request with Fusion education , for the realization of the equal education rights of special children and the The Struggle . ,year , Europe officially launched ( European Fitness Sports ) Standards for talent training , to school Adaptive Physical Education , Recover Adaptive Physical Activity in a adaptation to physical and leisure sports , and fitness gym oriented to physical education Capital Standard , Fitness guidance Orientation for sports rehabilitation instructorStandards and adaptive sports in the direction of sports competitions and leisure trainer standards made knowledge , capabilities and technical requirements .

## **5. does not open**

Adaptive Physical Education is in the humanistic theory , Special Education , Club benefits theory , development theory , Sports Education and human rights theory etc base A new discipline developed on Foundation . It abandons the

past to the "Special People's segregated education concept", in the context of integrated education, Pursuit 0 deny, non-label, fully developed teaching philosophy, Special Learning Live Sports in the least restricted sports environment, enjoy body Yukon rights, Can not only embody the students' ontology function, also show cultural and educational functions of society. [1] My country until year with after, begin to appear the research results of adaptive Physical Education, based on Wu Xieping, Generally, our country's adaptation to physical education research is divided into 3 period, that 2000-2002 (year), off, period (2003-2005 year), Fast development period (2006-) [1]. But overall, China's Adaptive Sports education starts late, up dot low, base weak, The status quo is not optimistic, and the developed Countries of Europe and America Home Adaptive Physical Education Theory and practice has become the main international Flow of special physical education and activity patterns, for our country's adaptability Physical Education provides theoretical basis and practical reference.

5.1 Current academic and educational circles in China for disabled Body Yukon Education "Special Physical Education", ' Adaptive Physical Education The concept of a " ' ' ' is confusing, This gives related research and academic communication band There's a big hurdle .. recommends unification for fitness physical Education read, This is in line with international practice, for International communication; Benefits Our country In-depth research on adaptive sports theory ' Benefit Our country's adaptability Physical Education in the general school " " n [1].

5.2 Our country is now vigorously advocating equal opportunities for education, Promote special education development. China's Adaptive Sports Education show usher in a rare historical opportunity. of course, due to different national conditions, do no completely copy foreign Adaptive Physical Education, instead of having a medium Country-specific adaptive Physical education system. The specifically takes the following policy: : Healthy Special population Physical Education legal system; with fusion teaching Breeding Opportunity, transforming traditional special physical education concepts and means; Solid line access system, Improving adaptability physical education teacher professionalism; will be disabled to Sport Venues ( ) Build, Handicapped Students Sports equipment incorporation Index of school hardware facilities, improving adaptive Physical Education ring borders; [1] Enhanced capital and material protection, Special Education funding for like from " Special Education school " to " Special student " ' drill-down to Sex Physical Education Research, Reference Fusion Pedigree Course teaching Advanced hand paragraph, developing the teaching standard of adaptive Physical Education in China, Explicit Student Sports education rights.

5.3 Our country is now vigorously promoting the policy of following classes, but learn No Physical Education program for handicapped students. Fusion pedigreecourses emphasize inclusiveness and adaptability, to create a special student assignment enjoy sporting events with ordinary students, is currently handicapped The best course for students in physical education select. Fusion Pedigree class

Li Xinliuji Xiaoxiao : comments on the development of adaptive Physical Education in Europe and America and its revelation to China Process, A teacher can based on the needs of each particular student, Ability, Interests and Facts, make teaching changes, Help Special Learning To adapt to new environment, to Protect students' right to physical education benefit. [a] also, Integrating Pedigree courses allows students to participate in teaching procedure, making and modifying teaching tools, etc., guarantees students from The Primary rights of physical education rise to deep humanistic concern. to increase the study of fusion pedigree teaching, Set up a course Learn standard and guidance methods, This is to establish a special in accordance with China's national conditions. Teaching mode of physical education, Tamp Adaptive Sports theory system, the promotes the research and development of special education in China.

5.4 To offer undergraduate and postgraduate programs in adaptive Physical Education Karma. Adaptive Physical Education is generally in the direction of the sports person body Science offers, Higher physical education institutions in China and general Institute of Physical Education in colleges and universities according to actual situation, consider adaptability Undergraduate and postgraduate education in the direction of physical education. This not only tightens with international sports discipline development, the can also satisfy a wide range of special people for demand for

sports rights .

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