Effective Interventions on Reading Fluency for Students with Learning Disability

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1. Introduction
The purpose of this article is to consider applying some intervention methods to help students with learning disability to improve their reading fluency. It begins by introduce the definition, components as well the importance of reading fluency. Then followed by the review of related literature, introducing research methods, processes and results in detail. Finally, it concludes with discussions and implications about the effective intervention programs.

2. The definition and importance of reading fluency and its’ instruction of students with learning disability
Reading fluency refers to three levels that includes word, syntactic and passage level[1]. And it is also defined as a bridge between the two major components of reading – word decoding and comprehension[2]. Teaching and intervention of reading fluency of students with learning disability has become a problem. So the main research problem of this paper is:

What kinds of interventions can be applied to help students with learning disability?

3. Research done by chard and elias on the research problem.
(1) Chard’s research about effective intervention programs.
In Chard’s research, the stress of the intervention program mainly targets at word level and content level of elementary-age students who have learning disabilities. And after yielding 104 related studies, he divided the intervention program into two kinds: repeated reading and word practice interventions with more detailed branches.

In repeated reading part, four models are presented. They are: "repeated reading without a model", "repeated reading with a model", "repeated reading interventions with multiple features", and "other elements that influence fluency performance in

References
repeated reading interventions[3]." In repeated reading without a model, target students are asked to read a text without guidance, for more than two times and the maximum is seven times. Among the researches that focus on this area, researcher including Smith find that the mean effect size of this on affecting students reading fluency is $d=1.98$ and students can perform much better[4]. With a model, students are showed how to read a text. Results show that students can give back surprising results. Also, helpers’ feedback works.

In word practice interventions, a word drill procedure is compared with a phrase drill procedure, using flash cards to present missing words from an initial oral reading baseline phase. In phrase drill condition, students are given the opportunity to practice error words in context that helps them more.

To sum up, several interventions can be regarded effective to help students who have learning disability build and improve their reading fluency. The interventions includes give those students a fluent reading model while they are doing reading. And when they read repeatedly, various chances should be given to let them independently read the text that they are familiar with. During this procedure, people provide the fluent reading model should give feedback to help them get correct version of the reading. Finally, established performance criterion is needed in increasing the text difficulty according to readers’ learning ability.

(2) Elias’s study about the effectiveness of an intervention program of students with more specific learning disability.

In Elias’s study, the author mainly focuses on discussing whether an intervention program called Barton intervention program is effective in helping students with dyslexia improve their reading motivation as well as reading fluency. The students selected are also elementary-age students, but the targets are more strictly controlled since all the students are coming from fourth and fifth grade with one kind of learning disability – dyslexia.

In the study, dyslexia is regarded as "an unusual type of severe reading disability that has puzzled the educational and medical communities for many years[3]." And it is unexpected, affecting large amount of people (over 80%) with learning disability[6]. And it causes a decreasing trend of students’ reading performance. Students with this kind of learning disability have various problems in reading and perform not as well as others of the same age in standardized tests.

Students with this perform not as well as others of the same age. Finally, 138 eligible students are selected. Among them, 2 groups are divided—the experimental and the control group. For the experimental one, Barton program lasts for 3 months while the control group did not perform the Patton plan. It focuses on the mature and effective guidance.

Then students with learning disability do a test to see their ability to read fluently with speed and accuracy. And the difficulty of the texts is gradually increasing. Students have to decide whether the statements about the text are correct or not. It measures not only reading speed, but also accuracy.

Finally, data show experimental group are higher than the control group and Barton Intervention Program is quite effective and it can be a good supplement of traditional ones.

4. Discussion and implication

The two studies, to a large extent, can answer the research question of this paper but there are still have some limitations left. Both the two researches strictly chose target students and all of them can satisfy the needs of the study in this paper. And the research procedures are scientific with the support of several literature of famous scholars and data computed by computers. Besides, validity and reliability of the measures are high. From the two researches, we know that repeated reading is essential in improving those students reading fluency. And students will get more familiar with the test and then read with faster speed and better accuracy. And reading with model is better.

However, there are also some problems that are still not solved. Since my research question is mainly focus on the intervention of students with learning disability, the interventions mentioned in the two studies are quite similar to the interventions of reading fluency for normal students. Since students with learning disability are different from normal students, they face more challenges and difficulties in learning and reading. Take students with dyslexia as an example, they faces problems in word recognition as well as passage reading and cannot focus on what they read. Compared to normal students, they should be given more practice aiming at overcoming their shortcomings. Repeated reading is a good way, but what is the difference between using it as an intervention to normal students and to students with learning disability.

Lastly, since students with learning disability, especially with dyslexia, always cannot focus on one thing for too long. Further studies are still needed to answer the research question in the paper.

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