Treatment of combined Chinese and Western medicine on cesarean section

Observation on the clinical effect of uterine involution

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Abstract: Purpose:Observe the clinical effect of combined Chinese and western medicine on uterine involution after cesarean section.method:will cases of cesarean birth are randomly divided into 2Group, each group of Example.control group after cesarean section for routine care and breastfeeding, and oxytocin treatment; Observation Group on the basis of treatment in the control group, tooral Chinese herbal Medicine therapy combined with auricular acupoint pressing and abdominal massage.Observe the height of the uterus after cesarean section, postpartum 5D hemorrhagic Lochia, Bloodlochia duration, postpartum DLochia Cleanliness and body mass index changes.

results: Observation Group and control group uterine bottom height after cesarean section extend over time, 2Group all time periods compared, All statistically significant(P<0.05; Observation Group Postpartum 5D hemorrhagic lochia and postpartum hemorrhagic evilDew Duration compared to control group, statistically different(P<0.01); Observation Group and control group in postpartum DLochia Cleaner comparison, has statistics meaning(P<0.05); Pelvic B Super Check prompts observation Group postpartum 5D and D The uterus is three and less than the control group(P<0.05; Observation Group Postpartum D Body mass index is lower than the control group(P<0.05.conclusion: combined Chinese and western medicine can speed up uterine involution in cesarean section, significantly reduce postpartum hemorrhage, Shorten lochia clean time, promoting Caesarean section rehabilitation, effectively improves quality of life.

Keywords: integrated Chinese and Western medicine treatment; Caesarean section; uterine involution

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with the development of the economy, Our country in recent years to take the birth of cesarean section the number of women is on the rise every year, and research tracing[1,3] discovery of late postpartum birth of a caesarean section High incidence of blood, uterine involution rate Slow, lochia time extension.so, post-caesarean section such as What adjuvant therapy for uterine rehabilitation becomes clinical hot spots. Dry early after delivery pre-Measures, to prevent Caesarean section women postpartum large bleed occurrence, To restore women's health and to mention High quality of life has important meaning. author Miningsing Chinese Medicine self-prepared decoction combined with auricular point pressing and other traditional Chinese and Western medicine treatment for cesarean section early Intervention, make a woman in a different, quickly return to health after childbirth, Clinical effect better the, Now reports the results as follows.

1. Clinical Data

Observe the case as 2013YearMonth ~ 2015YearMonth Nanjing University of Chinese Medicine with The elective line of the hospital in the integrated Traditional Chinese and western medicine the maternity childbirth, Total page Example, randomly divide for 2Group, per group Example control group Age 22 ~ 33 (23.56 ± 3.34 old; Gestational Week 37 ~ 41 (38.50 ± 2.56 week; Neonatal weight 2.70 ~ 4.25 (3.367 ± 0.273) kg; Observation Group year age 20 ~ 34 (23.72 ± 3.12 old; Pregnancy week 37 ~ 41 (38.90 ± 2.43) Week; neonatal weight 2.80 ~ 4.20 (3.396 ± 0.334) kg. 2Group All for
single pregnancy, No severe systemic complication and pregnancy complications, compliance good. 2. Group on Age, Pregnancy week, More aspects of neonatal weight than more, difference no statistically significant (P > 0.05, is incomparable.

2. Treatment

2.1 control group to conventional care and breast milkfeed, and give oxytocin 10 U addmil 0.9% intravenous drip in sodium chloride solution, every day 1 Times, Continuous Treatmente the day of operation 5D.

2.2 Observation Group in the control group treatment of the base on top using Traditional Chinese medicine self-prepared party orally, and joint auricular point pressing and abdominal massage for treatment therapy. ① Chinese Medicine Custom Party: motherwort 30 g, when ToTenG, Peach kernel TenG, Chuanxiong TenG, gun ginger 6 g, Roasted Licorice 6 g, ShenTeng, huangqi TenG, atractylodes Macrocephala TenG, Yam TenG, The King does not leave the line TenG, Passepartout TenG, Pith TenG, made by our court drug machine Fry, each dose of medicineto the 2 bag, per bag pagenl, every 1 bag, every day 2 Times, temperature and dress, Continuous treatment 5D, Postoperative 6 start with with. ② auricular Point pressing method: back to ward after surgery, 0.5 start with with 75% alcohol cotton Ball disinfection, and then auricular point uterus, pelvic, God Gate, leather down, Endocrine, take King no lineseed stickers are fixed exactly, use the index finger and thumb to press Press king without leaving The seed, per Point pre times, to Local sense acid, expand, pain, See skin reddish to degree; daily finish early, Night 2 Secondary Press, Continuous treat 5D. ③ Abdominal massage: After the operation back to the room 0.5 inside, Postoperative H Remove the urine tube after requiring emptying of bladder, Relaxing protrate, then Palms at Palace Bottom, clockwise loop to uterus Massage, per treatment min, every day early, late 2 Times, Continuous Treatment 5D.

3. Effect observation

3.1 observations ① Uterus heightdegree: Group Maternity after Operation 1D, 3D, 5D, Empty the bladder and then protrate, Massage The uterus so that shrink, Tape for pubic Union close to bottom to Palace distance (Uterus Bottom height), requirement daily One time to test quantity. hemorrhagic lochia, bloodylochia duration and postpartum lochianet condition, person responsible for the same time every day statistics and records 2 Group Maternity vagina Out after surgery total blood, continuous 5D. According to national post-natal Bleed Prevention Collaboration Group method[4], The call takes vaginal pad and gauze immersion weight (wet weight minus The weight of the before-blood dressings (Dry weight)), by Bloodliquid gravity 1.05 converting to ml. Maternity after the hospital follow-up to the postpartum D, Observe record postpartum D lochia clean. ⑤ pelvis B Super Check uterine involution: to[j]5D, D line pelvic ultrasonography check, includes two aspects: measure uterus eachline (Long path, front to rear, width) size, calculate three-path and observe postpartum Dis No presence of uterine effusion, such as dark bars area front/ rear size greater than 1.5 cm, is diagnosed as Palace Cavity effusion [3]. ④ calculate body mass index (BMI): measuring height, before and after childbirth weight, calculate preoperative and post-natal body mass index calculation formula: BMI = weight (kg/tall (m)).

3.2 Statistics methods all data by SPSS 13.0 software handling metering data to x ± s represents A, meter with T Validation, P < 0.05 is Difference has statistically significant.

3.3 Treatment Results

3.3.1 The group underwent high changes in the harem and postpartum

Lochia after Operation 2 Group height of the uterus extend over time, Observation Group, 5D fundal height vs. control group more, difference is statistically significant (P < 0.05). Observation Group postpartum 5 dbloody Lochia Total control Group comparison, differences are statistically significant (P < 0.01); Observation Group Postpartum hemorrhagic Lochia holding Renew vs control group, Variance Statistics Learn about (P < 0.01; Observation Group Postpartum D Lower postpartum lochia vs control group more, difference statistically significant (P < 0.05).
two groups of diffaccre meaning(P<0.05,postpartumD to
3.3.2 Group Weight Index comparison observation
Group PostpartumDBody mass index is lower than caesarean sectionbefore(P<0.05),control group
PostpartumdweightComparison between index and cesarean section,difference no
Group,The incidence of uterine effusion in the observation group was for 5.71% and 0%, difference no
statistically-semantics(P>0.05),See

4. Discussion
for women after childbirth,Normal productionThe uterine muscle fibers of the mattress are constantly
physiologically accepted shrink,To expel Lochia, To repair the endometrium regenerate, simultaneous weight recovery to
no pregnancy when application with cesarean section, appearing bad healing or infection in uterine incision, Delayed the
uterine physiological involution, cause lochia Increase in volume, Duration Extended, Weight Recovery slow, severely
affect quality of life, even crisis and social relations, cause aeries of social question stitle, TCM claims"No disease first
anti"value""Post-natal health care", Traditional Chinese and western medicine treatment"Can better improve the uterus
of women after cesarean section involution condition, get it back to health as soon as possible, is affected by the Benefit
Lifetime.
The etiology of the illness considers Lochia Department "blood stasis" "Virtual loss" "caused by, postpartum
multiple virtual, Multiple stasis, after cesarean section, Uterussubject hurt, aggravating blood stasis, and surgery is more hurt
Blood-gas, treating as Nourishing Qi, To activate blood to dispel the bruises. fu main cloud "biochemical soup blood clots
Panacea alsoClinical observation also confirms biochemical Soup to promote postpartum uterine
contraction[11], the custom is based on biochemical soup motherwort, Partyparameters, huangqi,, atractyloides
macrocephala, Chinese Yam and other drugs make up square Select Biochemical Tangyuan Party composition of Chinese
Angelica, Sichuanxiiong, Peach kernel, gun ginger line qi huo xue, Nu yin, Temperature Pain Relief, motherwort huo xue
Huayu, Benefits water swelling, huangqi, codonopsis, atractyloides Macrocephala, Yam Benefit invigorating
spleen-dampness, King leave no Line, Passepartout, Passgrass to pass meridians, temper line then wet line, Blood is
ok, Lochia from the bleed, Roasted Licorice Reconcile Drugs, Urgent delay, drugs compatibility, work Nourishing Qi and
nourishing blood, activating blood stasis, Benefit water swelling, so postpartum to Chinese medicine self-prepared party
orally, Can be added to Strong blood circulation, remove stasis to give birth to new, Promote child Palace
fix, lochiaout, weight Control.
Ear, The sum of the veins is also 12 pass pulselearnars, Press auricular points to Xuangthe After, Dredge
qi and blood, regulates the body's visceral function. fat People multi-phlegm system This virtual label, Treat with a fill
virtualpurgre solid, Can be adjusted by auricular meridian, jianpidispelling turbid., balance Yin and yang, to Adjust
weight[9]. Ear-crimping Uterus, pelvic, gates, inner part secrete, down-subcortical, is designed to
calm, analgesia, tune uterine blood, regulating blood circulation around uterus and body metabolism even research[4]
Discover auricular Point sticking can relieve pain, such as cesarean section after postoperative pain and uterine
contraction pain, and postpartumto Massage the abdomen uterus or acupoints, to add Quick blood flow, promoting uterine
repair, Tospeed up Uterus involution, preventing late postpartum haemorrhage[10].
This study is for Chinese herbal medicine to be prepared orally with the combine auricular pressure, United Western
Medicine General Therapy and abdominal Local massage, overall and local Tongzhi, Internal conditioning and external
therapy for prevention and control postpartum Abnormal bleeds, Clinical observations Show this procedure Simple, Positive effect, can significantly promote the Cesarean section postpartum uterine
involution, weight loss, Toraise the healthLive quality, Show combination of Chinese and western medicine Advantages, worthy of clinical use.

References