The value of combined TCM and WM therapy in diabetic nephropathy

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Abstract: Purpose Analysis of the practical value of combined Chinese and western medicine in treating diabetic nephropathy. Method Select years 2015 Year 7 Month, Our hospital treated with diabetic nephropathy Example as a research object, Irrandomly divided into experimental and control groups, each Example, Experiment Group use Chinese and Western medicine treatment method; control group adopts conventional Western medicine treatment. Final determination of two groups of patients accepted treatment 3 Months of blood sugar, changes in indicators such as lipids, to compare the healing levels of both groups of patients. Results before and after treatment, the blood sugar was (11.04 ± 2.33) mmol/L, (5.89 ± 1.43) mmol/L, blood sugar before and after treatment in control group (10.56 ± 2.07) mmol/L, (7.87 ± 1.68) mmol/L. Through the blood sugar of all patients receiving treatment, Serum lipids and other key indicators after detection, Experimental Group comparison in Group, Its effect is more obvious. Treatment Effective rate 90.4%, and control group treatment effective for 78.3% (P < 0.05). Conclusion for Diabetic nephropathy Patients with the combination of traditional Chinese and Western medicine treatment compared to the use of conventional Western medicine more effective, has extremely high clinical value.

Keywords: combined Chinese and Western medicine therapy; Diabetic nephropathy; blood sugar** figure category number ℹ️ R587.1 Document identification code B

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Diabetes is a common disease, There is no effective treatment at this stage means, If the treatment is inappropriate, or delay the best time to raise concurrency bad, Relatively serious complications include diabetic nephropathy, from modern medical Technical angle of view, The disease also includes both infectious and vascular lesions, forms, and generally clinically easy to appear, and modern medical organization to sugar urine. The definition of pathological nephropathy is usually glomerular sclerosis, for better exploration of nonporous what kind of treatment Therapy has a better cure for the disease, This article select my hospital treatment of diabetic nephropathy: Example nonporous object, Explore the combination of Chinese and western medicine the value of the treatment for the disease, Now reports the following.

1. Data and methods

1.1 General Data

Select %Year 6 Month ~2015 Year 7 the diabetic kidney in our hospital is all patients $ nonporous Object, Irrandomly divided into experimental and control groups,

- each Example, where, Experimental group, men to Example, female Example, average age 52.3 ± 4.3 year old; control group, men Example, female Example, average age 50.4 ± 2.4 year old, average age distribution for two groups of patients, Sex comparison difference is not statistically significant CP < 0.05.

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1.2 Treatment Method

control group using conventional Western therapy, the mainly uses conventional Western medicine to the patient...
to buck the blood sugar treatment; Experimental group in the general Western treatment sideof the "at the same time, According to the Chinese Medicine theory content for the patient preparation of TCM for these sexual treatment, major drugs include the knowledge of Cypress Dihuang pill, Toregulate the kidney organof the patient to restore; shengmai san, regulates patient blood gas circulation; Thistle Drinks, with article number ISSN. 2095-6681.2015.035.145.02 in patients with dirty organs antiphlogistic treatment.

1.3 Evaluation Criteria

The criteria for the actual effect of a patient undergoing treatment are.

is a kick in: clinically ill performance of the patient disappears completely, FBG exponent $\geq 7.3$ mmol/l, Urine Protein quantitative index $\geq 0.4$ g/d, patient's kidney function restore, Other indicators such as blood sugar, blood pressure, restore normal to blood lipids. valid: Clinically undesirable manifestations of the patient disappeared, FBG index $\geq 8.5$ mmol/l, Urine protein Quantitative index $<0.5$ g/d. The patient has a reduced kidney lesion, other points label like blood sugar, blood pressure, Comparison of blood lipids, etc. before treatment significantly changes. Invalid: There was no change in the clinical performance of the patient., Other metrics not improved, or even shows a worsening trend before treatment.

1.4 statistical analysis

takesthe SPS13.0 Software grinds two sets of data nonporous analysis, Metrology material with 5±, and for witha "song", dead body $<0.05$ for differences There are statistics meaning.

2. result

Experimental group patients with blood sugar before treatment $(11.04 \pm 2.33)$ mmol/l. blood sugar is divided into after treatment $(5.89 \pm 1.43)$ mmol/l, control group Patientspre-treatment blood sugar to $(10.56 \pm 2.07)$ mmol/l. After treatment for blood sugar to $(7.87 \pm 1.68)$ mmol/l. through the blood of all patients receiving treatment. Candy, After the determination of key indicators such as blood lipids, The experimental group is compared to the control group and the statement, The effect is more pronounced, Treatment Effectiveness is $90.4\%$, and the control group treatseffective rate $78.3\%CP<0.05$.

3. Conclusion

Diabetic nephropathy is a complication that is hidden in diabetic diseases. Phase Compare other complications, The pathogenesis of this disease is relatively complex, Miscellaneous if The treatment used does not effectively control the disease treatment, is likely to cause kidney failure in the patient, so, It also is one of the major causes of kidney failure in patients with diabetes.\cite{1} takes a singleone-type conventional Western medical treatment means although the disease can be produced in a short period of time. A certain amount of control, But the final effect is not ideal, and the entire treatment procedure, Energy is relatively large, the causes the entire treatment cost to haveadd no minus. and the disease is defined within the scope of the Chinese medicine Gend, edema disease, ""patients initially showed significant kidney deficiency syndrome, If the longer you delay, will aggravate the disease in renal organs infection and spread, ultimately consuming blood-gas sustainability throughout the circulatory system, the Chinese Medicine level two false, The is directly manifested as a significant amount of kidney fail, so, cannot blindly pursue quick treatment in the course of clinical therapy method, But according to the patient's specific condition for symptomatic treatment.

Also, The traditional single biological index system for Disease assessment cannot be adapt to the development of modern medical treatment technology, and the effectiveness evaluation system is not A comprehensive analysis of patient's physical rehabilitation, using Chinese Medicinemode to systematically evaluate the patient's overall health, Traditional Chinese Medicine more Add attention to the overall adjustment of the patient, This is because diabetic nephropathy belongs to chronic disease, This type of disease is relatively complex, Multi-target effect of Chinese medical
treatment, test to evaluate the effect of Chinese medicine treatment with a single index almost impossible\(^2\), so, when treating diabetic nephropathy, should have a rational evaluation of their effectiveness. Improved, includes physical and chemical properties, TCM syndrome indicators, Security indicator, quality of life indicators such as multidimensional indicators, Therapeutic Evaluation System for diabetic nephropathy build, should be based on evidence-based medicine, on the base of the above indicator on, Attach to Endpoint event indicator, Constructing comprehensive multidimensional Diabetic nephropathy treatment Effect Comprehensive evaluation system, This objective is not only to ensure that the disease cures the true Real Reflection, also uses scientific methods to learn more about patient recovery status\(^3\).

Displays the with the results above: The overall effectiveness of the treatment group is 90.4%, the total effective rate of treatment for patients in the control group is 78.3%, differences have statistics Learn about (corpse < 0.05); Two groups of patients had improved renal function before and after treatment and the There are significant differences in the reduction of proteinuria. Illustrates the effect of the combination of Chinese and Western medicine Therapy on diabetic nephropathy significantly, is a safe and effective pro Bed treatment method, worthy of clinical application and promotion.

To summarize, in the development of modern medical technology conditions, for sugar urine patients with kidney disease treated with a combination of traditional Chinese and Western medicine compared with a single type often Regulation of Western medicine treatment more effective, not only can inhibit The deterioration of the disease, the can also be from fundamentally cure the disease, so, This treatment is for the treatment of this disease has significant practical value.

References


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