Study on the prognosis of patients with dilated cardiomyopathy treated with integrated Chinese and Western medicine

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Abstract: Purpose Analysis of the effect of Astragalus ginseng decoction on the prognosis of patients with dilated cardiomyopathy. Method Select 2013 Year 8 Month ~ 2015 Year 9 Month patients with dilated cardiomyopathy admitted in our hospital 229 cases, randomly divided into treatment group + Example and control group 114 Example. Control group to take metoprolol treatment sideeffect, Treatment group on this basis, combined with Astragalus ginseng decoction treatment plan compares the effects and prognosis of both groups. Results Treatment Group Total effective rate is 93.91%, significantly higher than control group 77.19%, myocardial dysfunction rate lower than control group, Good prognosis is higher than control group, differences are statistically significant (CP < 0.05). Conclusion "Huangqi ginseng decoction for patients with dilated cardiomyopathy helps promote heart function improvement, facilitates good pre- after, effect is significant.

Keywords: dilated cardiomyopathy; Astragalus Ginseng Soup; Prognosis

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Dilated cardiomyopathy is a severe disease that is clinically common in cardiovascular medicine, belonging to palpitation Chinese Medicine category [1], dilated cardiomyopathy in clinic multiple show Heart enlargement, myocardial contraction disorder and myocardial ischemic hypoxia. Western Medical recognition into, induce dilated cardiomyopathy with more factors, patient's own Constitution features, alcohol factor, viral,, Environmental factors and genetic factors all participate in the occurrence and development of dilated cardiomyopathy [2], TCM says, dilated cardiomyopathy hairmorethana factor, blood stasis, phlegm resistance, Yin and Yang, qi deficiency and other actual inclusions are closely related to the occurrence and development of the "dilated cardiomyopathy" [3], reported, metoprolol pair patients with adverse illness have a mitigating effect, but not radical [4], is based on this, nonporous, The effect of metoprolol on the prognosis of dilated cardiomyopathy is as follows.

1. Data and methods

1.1 General Information

Select 2013 Year 8 Month ~ 2015 Year 9 Month Our hospital dilated myocardiumill patients 229 cases as nonporous objects, patients with dilated cardiomyopathy Clinical Diagnostic Criteria, randomly divided into treatment group Example and control group 114 example, All patients age to Older. treatment group man 58 example, women example; Age% - bayi year old, average year Age (64.9 ± 3.6) old to Group 114 example, man + example, women example; Age% - bayi year old, average year Age (65.1 ± 3.5) year old. There is no statistically significant difference between the two sets of data (corpse > 0.05).

1.2 Treatment
control group to take metoprolol treatment program, give oral beauty Tollo 6.25 mg/times, 2 times/d, can then be adjusted to the dosage of depending on the condition $\leq 100$ mg/d. Treatment group on this basis combined with Astragalus ginseng decoction treatment side case, formulas are made up of: Huang qig, codonopsis g, Salvia miltiorrhiza, Madonna g. Angelica 8 g, Chuan xiong, Ginseng poria Cocos 7 g, Front child, motherwort Teng, Han anti-Self, zexie 6 g, water decoction, 1 Agent/d, 2 Times/d, Continuous Therapy # Day.

1.3 observation Metric

compares the effects and prognosis of both groups.

1.4 Evaluation Criteria

is a kick in: Heart Functional indicator normal, High rate of good prognosis; valid: Heart features better, good prognosis improves; Invalid: (heart function $\leq$ Subscript exception, Good prognosis no improvement. The effect of a good prognosis is greater than $\text{no}$. total efficiency = show efficiency + Efficient.

1.5 Statistical Methods

All data is SPSS 9.0 software processing, Corpse $< 0.05$ has a different meter meaning.

after treatment, Clinical Symptoms, Physical Symptom mitigation, Improved heart function 2 level; has effective: Patient after two weeks of treatment, Clinical Symptoms, Physical Symptom mitigation, Heart Enhancements 1 level; is not valid: patients after two weeks of treatment, Heart Work can improve less than 1 level or clinical symptom aggravation. total efficiency = show efficiency + hasefficiency.

1.6 Statistical Methods

take the SPSS 16.0 Statistical software analyzes data, with corpse $< 0.05$ significant difference.

2. result

Treat 2 after, Example Patient, is a kick in Example (51.6%), valid Example (40.3%), is not valid 5 Example (8.1%), The total effective rate is 91.9%.

3. Discussion

Rheumatic diseases are clinically a very common type of heart disease, Rheumatism The lesion's attack on the heart of the patient is the main cause of the disease. In China Chinese Medicine, Rheumatic heart disease (TCM) Heart Paralysis category, Its main disease is the heartthrob, shortness of breath, cough, hemoptysis, two zygomatic red etc. sick Wind, Cold, wet tri-gas mixed with paralysis, Juyan not Neches to heart, toform "" "" " " Heart paralysis" Blood Stasis, blood normal weekly flow blocked, causesthe Heart-positive-less effort, affects lungs, Spleen, kidney loss temperature and wet inside stop generate palpitations, shortness of breath, cough, hemoptysis. Puffy syndrome [5]. Ill performance this virtual sign, Heart-Yang deficiency is this, Blood stasis is marked, Heart defects, his dirty (spleen, kidneys, Liver, Lung) is labeled. Treatment-appropriate specimen Tongzhi, with fill virtual root causes mainly, Emphasizing the importance of Yang Qi to the heart. water drink flood blood stasis stay all due to insufficiency of Yang Qi, so the cure is to warm up Yang Qito, for the Wind heartsick Blood stasis, Standard demonstration of water drinks, must be treated on the basis of Fuzheng consolidation, For "for The benefit of water and remove stasis" in the middle of the disease, then. This article is based on its modern pharmacology, with analysis, such as the attached child, The Descurainiae has strong cardiac glycodies of positive muscle force, to enhance myocardial contractility and cardiac output; poria Cocos, Sampy all have a certain diuretic to do With; angelica, Salvia miltiorrhiza reduces myocardial oxygen consumption, increases cardiac output and slows heart rate effects. Syndrome Differentiation, drugs compatibility, appropriate, sure play a strong heart
diuretic, improves blood circulation and regulates myocardial metabolic nutritional effects, and can be combined with Western medicine enhanced effect, reduce poison side effects, for Obvious effect Fruit.in addition to, Strengthening the prevention of the disease, to proactively prevent Basic Diseases, The main precautions for rheumatic heart disease are as follows: bad Cold, Tonsillitis, sore throat, otitis media, scarlet fever, Upper respiratory sense dyspepsia et Avoid strong manual labor, avoid aggravating conditions, to improve living water Ping. Improve living environment, avoid cold, damp, tired, Hunger; To improve work, production environment; Diet on time; Enhance body nutrition, enhance power against disease, reduce labor intensity; Enhancing physical activity, Add strong body resistance. nonporous results show, treatment 2 week after, patients in, with a”” Example (51.6%; valid Example (40.3%; is not valid 5 Example (8.1%), Total effective rate is 91.9%.

To summarize, The therapeutic effect of TCM syndrome differentiation on rheumatic heart disease is very obvious, to enough to relieve patients of various clinical symptoms, Improve patient effect, has a good Promote value.

References


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