Integrated Chinese and Western medicine for the treatment of simple perianal fissure%Case Clinical study

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Abstract: Objective to observe the therapeutic effect of combined traditional Chinese and Western medicine on simple perianal fissure.Method Select our home2014year1Month ~2015year9admittedSimple-type anus-cleft:116cases assubjects,randomly divided into observation group and control group,all%example.control group granted only Western medical treatment,Observation Groupon thebasis of Western medicine,,re-prepare Chinese herbal medicine except for hot and cracked soup,.Both groups continuous treatment7Day is1sessions,treating1SessionToobserve the effect.results treated1after session,Observation GroupcaseCure10example,validExample,Invalid5Example,The total effective rate is91.38%control group%Example Cures6Example,validExample,isnot validExample,The total effective rate is79.31%.Comparison of two groups1of effects,Observation group significantly better than controlGroup,difference statistically significant..<0.05.Conclusion The effect of traditional Chinese and western medicine on the treatment of simple anorectal syndrome,so worth promoting.

Keywords: Simple anus-crack;IntegratedChinese and western medicine;Herbal Fumigation;Clinical Research

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perianal fissure is a very common disease in anorectal diseases,incidence high,upto20%,According to the study, itis reported that the anus fissure is a anorectal disease.morbidity second only to hemorrhoids in the next major disease,mainly for young and middle-agedonset crowd,women more than men[1].the incidence of perianal fissure is mainly in the toothed line,A full-layer fractureof the skin of the anus tube,and visible vertical sensedye ulcer,feature fusiform,Radial,and Periodic knifesCut pain,severely affect work and life of patients[2].Western Treatment treating disease with drug wash,laser,hanging lines,Minimally Invasive surgery and side excision method treatment,has a certain effect,But with great trauma,session length,More complications,,high recurrence rate,patient suffering is not foot[3],While Western medicine treats,combined with Chinese medicine method Therapy, receivemore satisfying effect.present the author's experience with traditional Chinese and western medicine, to treat simple perianal fissure the report is as follows.

1. Data and methods

1.1 like data

Select our home2014Year1Month ~2015Year9to treat the simple type of anus-crack patient116case as research object, israndomly divided into observations Group and control group, each%Example. Observation Group: example, Womencases, ages~year old, average age(36.8±3.4year old, Duration6~Day, Average(14.2±0.3Day, Iperianal fis-sureExample,

I perianal fissure Example, III perianal fissure Example; control group maleExample, femaleExample, Age~51.5year
old, average age (36.5±3.6) year, old, duration 7~9 Day, average (14.0±0.6) Day. I period anus crack Example, II period anus crack Example, III period fissure Example. Two groups of patients sex No, age, duration of disease and perianal staging general information comparison, difference not statistically significant (user > 0.05).

1.2 Western Diagnostic Criteria [4]

① III period fissure: Shallow skin visible longitudinal gaps in lesion area, with ulcers, edge neat, the base part is bright red, has an obvious tenderness, and resilient. ② II period anus crack: perianal recurrence, crack () mouth edge irregular and thickening, ulcer. Bottom Color Purple, Visible purulent secretion, less resilient. ③ I period anus fissure: window edge quality ground hard, Colors Magenta, and see purulent secretion, also visible anus nipple fat large, Sentinel hemorrhoids and subcutaneous fistula lesions.

1.3 TCM syndrome Diagnostic Criteria [5]

Heat syndrome of intestinal dryness: perianal, perianal color Crimson, Pain, pain such as knife cut or fire burn, Post pain relief, has severe pain followed by large then dry, mouth dry pain, annoying insomnia, urine color yellow, Tongue Red, Moss thin yellow to dry, Pulse strong.

1.4 Method

control group treated with Western medicine only: with a concentration of 1:5000 High Potassium permanganate solution for sitting Bath, sit bath time is Ten ~min/Times, governs Therapy 3 times; apply an anti-inflammatory and analgesic ointment to the surface of the perianal ulcer, and gauze overlay, 1 Times/D; If the patient's pain is intense, to use the universal Luca because the injection is partially closed. Continuous treatment 7 Day is 1 session, Total treatment 1 Session. Observation Group in control group the basis of Western medical treatment up, to be prepared with Chinese herbal medicine except for hot and cracked soup, drug composition such as: native yellow G, Scrophulariaceae G, Rhubarb 5 G, Bitter Orange Teng, when back to G, Purple grass mg, sophora G, Honeysuckle Vine G, Purple yedoensis G, Peony Skin G. I agent/D, after boiling, take the medicine and place it in the sit-Bath basin, and add about hot water 2~3L, sit at the top of the tub while it's shot fumigation, after temperature drops until patient is tolerated, then sit again Bath treatment. Continuous treatment 7 Day is 1 session, Total treatment 1 Session.

1.5 Therapeutic Criteria [6]

① Cures: wound healing in anus area, the accompanying symptom disappear missing. ② valid: Most wound healing of anus site, and accompanying syndrome-like improvements before treatment. ③ Invalid: no obvious changesto the wound of the anus site

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Good, With symptoms improvement not obvious.

1.6 Statistical Methods

take the SPSS 16.0 Statistics Software, take the validation and X2 Validation, with users <0.05 think the difference is statistically significant.

2. Results

treated after a session, Observation Group % Example, Cures Ten Example (accounting for 17.24%), valid Example (takes up 74.14%, is not valid 5 Example (accounting for 8.62%), Total active rate is 91.38% control
group%Example,Cure6example(takes up10.34%,validExample(takes up68.97%,Noeffectexample(takes up20.69%);The total effective rate is 79.31%. Two groups of treatment effect comparison, Observation group significantly better than control group, difference has statistically significant ( corpse<0.05).

3. Discussion

Based on the clinical manifestations and characteristics of simple perianal fissure, this disease can be attributed to the Chinese medicine “Pulse hemorrhoids”, “hook and bowel hemorrhoids”, and so on. Syndrome category, its sickbit on bowel. But with the spleen, Stomach, Large intestine, A close relationship between the small intestine and other viscera. The main cause of this disease pathogenesis is because the patient likes eating fat gan, Atsumi, symplectic Hot Products, or irritable fire, cause dampness, hot injury?, cause intestinal dryness fever, Poo dry, in the defecation procedure cause an anus rupture. See this disease and body blood fever, colon Dryness has a close relationship, So in treatment should pay attention to Qingre analgesia, cool Blood Stop blood. Western Medicine treats the disease to promote anus sphincter relaxation and ulcer wounds Healing, pain and other symptomatic treatment mainly, But the overall effect is poor. and “Medicine has obvious advantages in treating this disease, and more treatments.

-like, such as oral Chinese medicine, Herbal Fumigation, Traditional Chinese Medicine cutting method, Traditional Chinese Medicine external application, and so on. The author is on the basis of conventional medical treatment of Western medicine, Uniondrug fumigation to treat perianal fissure, self-removing hot crack Tangfang, native yellow, Scrophulariaceae, Peony Skin, purple grassete qingre, cool Blood hemostasis, nourishing Yin, Rhubarb, Bitter intestine and diarrhea, Angelica, Sophorae Blood and blood circulation, cool Blood Stop blood analgesia, Lonicerajaponica, Purple flower yedoensis qingre jiedu. combination of drugs, total play heat and pain relief, cool blood hemostatic effect.

To summarize, features and clinical manifestations of simple perianal fissure, treating with traditional Chinese and western medicine, effective, With aduration of short, so worth promoting.

References


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