Integrated Chinese and Western medicine for the treatment of chronic atrophic gastritis {H-type}

Observation on the efficacy of senile hypertensive patients

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Abstract: Purpose: Observe the combination of traditional Chinese and Western medicine treating chronic atrophic gastritis with HTThe effect of senile hypertension. Method: Select 2015 year 2 month~2016 year 2 Month Our hospital chronic atrophic gastritis MergeHTypetreatment hypertensive senile patient 112 case as Research object, randomly into Observation Group vs control group, all Example. control group treated with Western medicine, Observation Group on the basis of oral medicine to add Tianjia June rattan drink, treatment to 4 Week. Observe the effect of comparing two groups of patients. Results: Comparison of blood pressure treatment in two groups of patients, Observation Group superior to control group, difference has statistically significant P < 0.05. Conclusion: Combined Chinese and Western medicine treating chronic atrophic gastritis merger HTypetreatment, Effective.

Keywords: Tianjia June rattan drink; Chronic atrophic gastritis; H-type hypertension; effect

1. Data and methods

1.1 General Data

Select 2015 Year 2 Month ~ 2016 Year 2 Month Our hospital admitted chronic atrophic stomach inflammatory merger HTypetreatment elderly patients 112 Example as an Nonporous object, to randomly split into observation group and control group, all Example. into the standard: all compliant with old age Chinese expert consensus on the diagnosis and treatment of hypertension (version). Elderly Hypertension Sick Diagnostic criteria; plasma homocysteine level exceeds pmol/l; The is under the gastroscope stomach mucosal pathological biopsy diagnosed as atrophic gastritis; all conform to

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liver hyperactivity type TCM dialectic standard. with men cases, Women wuyi example Age = year old, average year Age of 67.6. Two groups of patients sex, age, duration, shrink pressure, diastolic pressure article number ISSN. 2095-6681. 2015. 035. 193. 02
General Data comparison, There is no statistically significant difference (Corpse < 0.05).
1.2 Treatment
control group given Omeprazole, 2 Times/D, mg/Times; maleate Pulitzer Folic acid sheet 1 times/D, 1 Slice/Times. Observation Group on the basis of the control group given the day Hemp Hook drink treatment. water frying suit, 1 Agent/D, early, night Wen Ser. Both groups consecutivetreatment 4 Week after, observe patient effect.
1.3 observe metrics and therapeutic criteria
before and after treatment 4 Weekly Hambulatory blood pressure monitoring test, take average blood pressure before and after treatment, respectively. homocysteine value bp review set standard: diastolic pressure (DBP) down more mmHg (to normal range, or without up to normal but down mmHg above for a greater degree; diastolic pressure drops not reached then mmHg, but has been dropped to normal; or down Ten ~ @ mmHg, or accept indend (SBP) drop/mmHg is a valid; no significant improvement in blood pressure is invalid.
2. result
2.1 blood pressure contrast before and after treatment
by 4 Week after treatment, two groups of patients with systolic pressure, diastolic pressure is significantly lower, where systolic pressure in the control group drops to (23.5 ± 16.5) mmHg, diastolic pressure dropped to (15.5 ± 7.4) mmHg; The decrease in systolic pressure in the observation group is (28.3 ± 17.7) mmHg, diastolic drop value (18.2 ± 8.3) mmHg.
difference is statistically significant (Corpse < 0.05). Treatment of two groups of patients with blood pressure comparison, difference is statistically significant (corpse < 0.05).
2.2 comparison of blood pressure control between two groups of patients after treatment
Observation Group blood pressure control effect is significantly better than the control group. Difference has statistics meaning (corpse < 0.05).
3. Discussion
atrophic gastritis is a major manifestation of atrophic changes in gastric mucosa. Chronic inflammation. The etiology of atrophic gastritis is complex, with diet, Environment factor, self immunization, and Helicobacter pylori infection about. body vitamins B minus the most important to cause atrophic gastritis, has nonporous to show homocysteine pass body. Internal vitamins B levels Reduced, accelerating atrophic gastritis development of the disease. Sun Xiaolan et al think: homocysteine Horizontal elevation produces Super Oxide, peroxide Objects Products Suppression of nitric oxidesynthase, causes endothelium-derived diastolic factor to decrease less, affect the regulation of arterial movement; homocysteine horizontal elevation can cause blood vessel contraction, enhanced calcium aggregation in vascular smooth muscle cells; homocysteine The elevation of the increases the number of medial smooth muscle in the arterial wall, aggravates the blood vessels Endothelial damage, reduce vascular wall elasticity, reduce its compliance. so, control
System homocysteine The level is important in the prevention and treatment of hypertension.
Tianma Hook and drink is a classic recipe for treating liver hyperactivity hypertension, to clear for patients with dizziness, headache, insomnia and other symptoms, main prescriptions are Tianma, hook vines, abalone shell, Mistletoe, Bovine Knee, drugs such as night vines, With the effect of flat liver and latent yang. Modern
Pharmacology research nonporous shows, its ability to lower the body viscosity of the blood, dilated vessels, to dilute the blood, faster blood flow, promote blood liquid cycle, lowering blood pressure[5]. This nonporous tip tianma Hook Rattan drink Union "enalapril maleate tablets antihypertensive effect significantly", better than only Western medicine group. A combination of Chinese and Western medicine can bring blood pressure to an ideal control target value, has a more high pressure reduction compliance, homocysteine horizontal drop is more pronounced, and can effectively improve chronic clinical effect of gastritis, homocysteine. The close correlation between and chronic atrophic gastritis further confirmed.

To summarize, combination of Chinese and Western medicine for chronic atrophic gastritis combined with high blood pressure, effective.

**References**


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