Effect of combination of traditional Chinese and western medicine on apoplexy sequelae

White as Plum

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Abstract: Purpose Explore the effects of integrated Chinese and Western medicine on stroke sequelae. Method Select 2013 year Ten Month ~ 2015 Year 6 Month in my courtyard Line hospitalized patients with stroke sequelae 188 Example, by random principle, divided into control group and observation Group. Each: Example, control group of patients granted Western medicine for method for treatment, Observation Group patients treated with integrated Chinese and Western medicine for targeted treatment, effects of on two groups of patients and adverse reactions condition, to observe the comparison, results View from clinical outcome, The total effective rate of treatment in control group was 87.2%; Observation Group treatment for patients Total Effective rate 96.8%, difference is statistically significant CP<0.05; The incidence of clinical adverse reactions, Compare the control group to the observation group Low, Difference No statistical significance CP >0.05, conclusion using Chinese and Western medicine to treat patients with apoplexy sequelae, Effective, and none of the Good reaction, safe reliable, worthy of further clinical extension.

Keywords: Integrated Chinese and western medicine; Sequela of apoplexy; effect

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Stroke is also called stroke, Stroke Medium, is a multiple disease, often refers to the internal injury Illness Stroke, main by Qi and blood the, cerebral artery obstruction or blood spilling over the brain causes. Stroke is common among middle-aged and older people, main symptom is patient out now suddenly faint, half body numbness, tongue skew or inarticulate. It's the disease has a nasty emergency, Fast onset, High fatality rate, and, Prognosis Easy kouyanwaixie, paraplegic, the aftermath of speech ambiguity, severely affect patients Life and physical health. with the development of medical technology, currently, clinically the death rate of a stroke has been effectively controlled, But there are still more than 60% Patients will have sequelae, for example, hemiplegia, aphasias, hemiplegia, and so on. current, Western medicine is mainly used in clinical treatment of apoplexy sequelae, but, Practice Table Ming, Western Medicine has a quick effect on symptoms, Traditional Chinese medicine has a significant advantage in the root causes. on this, Objective to explore the effect of combined Chinese and western medicine on apoplexy sequelae, Now select the stroke sequelae in our hospital 188 Example as Nonporous object, patients Group. Two treatment options are given respectively: Western medical treatment and Chinese and Western medicine Combined Therapy, observe treatment and adverse reactions in both groups, and Compare results with, Research nonporous Summary Report as follows.

1. Data and methods

1.1 General Information

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Select 2013 Year Ten Month ~ 2015 Year 6 The month of hospitalization in our hospital Wind sequela patient 188
Example as Grind nonporous object, randomly divides it into a control group and watch group, each Example. With,

- Group: 45, example, women / Example, age ~ year old, average age (52.1 ± 2.7) age, duration 0.5 ~ 8 years; control group of patients: $ example, female Example, Age ~ year old, average age (57.3±1.2) age, duration 0.5 ~ 9.0 years. General information for two groups of patients " condition contrast, difference no statistically significant ( corpse > 0.05).

1.2 Treatment

The control group was treated with Western medicine, Therapeutic drugs for clinical Treatment Common drugs for treating sequelae of apoplexy, 0.9% Sodium chloride injection mL, nao fu Kang 8 G and 5% glucose injection. With the ML, vein injection, 1 Times / D; supplemented by oral dimension E, mg / Times; Dimension B mg / Times,

- 3 Times / D; Aspirin mg / Times, 1 Times / D; Continuous Treatment Day.

Observation Group patients on the basis of Western medicine treatment, Combined Herbal Therapy, Group content to: safflower 10 g, chuanxiong 4 g, fresh ginger 9 G, Peach kernel Ten G, Radix paonie rubra 4 G, old Onion 4 Root, Red Date 8 pieces, Musk 0.2 G, all square medicinal water immersion, ~, min after, Pour in a pot of water and fry it in. 2 Times, 1 Agent / D, To take the in the morning and evening, Continuous treatment day.

1.3 Observation Metric

Based on therapeutic results, compares the total therapeutic effects and adverse anti-of both groups of patients The probability of occurrence.

1.4 Therapeutic Criteria

Is a kick in: Depending on the patient's situation, after targeted treatment, The patient's sequelae after the onset of the stroke all disappeared., and no patient before wind compared to, on limb, , language expression, etc., No functionality block, Be able to take care of themselves completely.; valid: with stroke early period symptoms compared to, patient's limbs, features such as languages improve significantly, all Clinical symptoms are significantly better., Basic able to live by themselves; Invalid: treatafter, Stroke sequelae no change, cannot live by itself reason. Treatment Total efficiency = (effect Cases + valid number) / Total number of cases.

1.5 Statistical Methods

In this experiment, uses SPSS the 20.0 data analysis, Count measure with "i " ±, says, with F Validation, count data to percent (%) represents A. with P<0.05 is statistically significant for differences.

2. Result

2.1 Comparison of two groups of patients effect

The number of effect cases for the observation group, Valid cases, Invalid number of cases, is significant.

2.2 Comparison of adverse reactions between two groups of patients

The incidence of adverse reactions, Observation Group patients are slightly better than controls.

3. Discussion

Stroke is also known as stroke, patients after the onset of, if not treated in time, Journal of Cardiovascular diseases combined with Chinese and western medicine

Cardiovascular disease Journal, integrated traditional 2015 year a Month B 3 volume period or improper treatment, is most likely to leave a hangover, such as, paraplegic, language not clear, Kouyanwaixie, and so on.
stroke found in old Year group, as our country enters the old Age Society, the sick people are showing more and more More trends. TCM says, stroke to hemiplegia, "neglected" etc category, "viscera qi deficiency", cause human yin and yang to be estranged, and gas stagnant blood stasis, all dysfunctional, Is the main effect that causes strokes and their sequelae factor. Although it's in the brain, but, with heart, liver, spleen as well as kidney close off. The main manifestation of the sequela of apoplexy is this virtual sign, qi stagnation and blood stasis, Upright deficiency and choroid bruise... If the patient has a deficiency of Qi and blood stasis, closed through, to make the channel muscle less nutritous, Instead, Kouyanwaixie, paraplegic, and so on Symptom; If the patient is deficient in Qi and blood stasis, The tongue has insufficient nutrients, will appear Speech expression dysfunction; If the patient is deficient in Qi and cannot be fixed, then size incontinence Issues. In this study, the patients of the nonporous group were treated with traditional Chinese and western medicine. Law, TCM treatment principles to fill the void, Dispel stasis, To resolve phlegm primarily, Group to benefit from the gasaactivating blood, flow through. chuanxiong in group, radix paeoniae rubra, red flowers and peach ren huoxue huayu; old Onion, fresh Jiangtongyang, activating blood ;Musk -open-opening, with This compatibility, to play a better role in symptomatic therapy. Western Medicine considers, no Good habits or hardening of arteries, high blood pressure and other diseases, causes the blood vessels to appear narrowly narrow, increase blood viscosity, "poor blood flow", Which in turn causes a stroke. bennonporous Western Therapy principle is to promote cerebral blood circulation, improve brain hypoxia Questions; dimension E Can effectively remove the free radicals in the patient's body, Increase cell activity; I B is able to nourish patients with neural tissue, improving muscles, features such as Heart; A Division has the effect of promoting blood circulation, Can effectively inhibit platelet aggregation, comprehensively statement, combined Chinese and Western medicine stroke sequelae, treatment always more efficient than Western cure Therapy, and, the incidence of adverse reactions is relatively low and better than Western treatment Therapy, can effectively improve patient satisfaction with clinical treatment, Improve patient health quality, worth further application.

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