Clinical study of combined TCM and WM in the treatment of complex tibial plateau fractures

Chen chunjian
Qiqihar Meilisi District People's Hospital, Qiqihar, Heilongjiang 161021

Abstract: Purpose To analyze the effect of integrated traditional Chinese and Western medicine on complex tibial plateau fractures. Method Choose Our Hospital 2014 Years 2 Month ~ 2014 year Ten patients with complex tibial plateau fractures treated in the month. A The cases were randomly divided into control group and observation group, each example compares the conditions of total weight bearing time, fracture healing time, and internal fixation time of two groups of patients treated with different regimens and difference. Results The total weight-bearing time of the observation group was (8.1±0.3) Week; Fracture healing time (6.0±0.5) Month;
(7.1±0.5) month, both significantly shorter than the control group, the difference was statistically significant (P<0.05). Conclusion Application of integrated Chinese and Western medicine in treatment of complexity. The value of Tibial plateau fracture is prominent, which can promote the postoperative recovery of patients.

Keywords: Complex tibial plateau fractures;

1. Data and methods

1.1 General Information

Select our Home 2014 Year 2 Month ~ 2014 year Ten complexity of Month admission patients with tibial plateau fractures as example as study object, randomly divided into pairs according to group and observation Group, each example. Control group Female Ten example, male example, age ~ year, average age (43.6±1.9); Watch Group Female A example, male example, age @ ~ @ age, average age (43.1±2.5) years old. By comparing the two groups of patients with general data, the difference was not statistically significant (P>0.05).

1.2 Method
The1.2.1 control group was treated with Western medicine. 7 days after injury fixed-term internal fixation surgery. According to the preoperative X-line and CTT three-dimensional reconstruction examination results, targeted for the patient's tibia plateau lateral and medial fracture wounds of the corresponding arc incision, the operation of the full exposure of the fracture site for internal fixation. After the operation, the plaster was fixed, and the limb was raised passively, depending on the recovery of the patients.

The1.2.2 Observation Group observes the group to take the Chinese and Western medicine treatment plan. In the control group base above patient wound healing stitches 3 Days after the beginning of the application of self-prepared bone paste Agent. The main medicine includes: Tianqi, frankincense, myrrh, bone repair, hematoxylin, eucommia, Peach, safflower. Grinding for the fine end, and the appropriate dosage of white Vaseline deployment for topical ointment. Apply the ointment evenly on the patient wound, interval 3 day replacement 1 times.

1.3 Observation indicators

by comparing the two groups of patients with different regimens after treatment in total weight-bearing time, fracture healing time, as well as internal fixation of the time to take out the body of the case and the difference.

1.4 Statistical methods

Using the SPSS 19.0 statistics software to analyze and process data, and measure data to "X+S” says T Check, count data for example number (N) indicated that the use X2 Test to P > 0.05 Statistics for differences.

2. knot fruit

Full load Time: Observation Group (8.1±0.3) Week, significant the is shorter than the control group, and the difference is statistically significant (P < 0.05); Fracture Healing Time: Observation Group (6.0±0.5) month, significantly shorter than control Group, the difference is statistically significant (P < 0.05); Between: Observation Group (7.1±0.5) month, significantly shorter than the control group, difference is statistically significant (P < 0.05).

According to the report, in the treatment of complex tibial plateau fractures in the therapy, the fracture type should be evaluated accurately according to preoperative imaging findings, and the operative incision should be reasonably selected and the internal fixation fracture should be reset to the most

West medical knot close heart blood tube sick miscellaneous b19 > Chi
Cardiovascular disease Journal of integrated traditional
188 Chinese and Western Medicine
Group N very satisfied General satisfaction Dissatisfied Care Satisfaction (%) Experimental group To2(95.56)*
control group', (77.78)
Note: Compared with the control group, P*<The 0.05

Table 2 Two groups of patients HAMA and HAMDScore Difference comparison (X±S, minutes) Group n HAMAscore (minutes) HAMDScore (minutes) Experimental group 5.87±0.67* 10.34±1.07* Control group 12.84±2.131 19.94±2.12
Note: Compared with the control group, P*<The 0.05

3. to ask

Gall-stone patients will be accompanied by severe pain feeling, so it will affect the feelings of patients, so that patients with excessive depression, the effect of treatment has a bad impact. Excessive panic in the patient can cause the autonomic nervous system disorder, and severe anxiety may lead to the patient's loss of appetite, flustered or insomnia, and serious injury to the health of the patient.

High-quality nursing can help patients to evacuate their inner bad mood, so that patients with a peaceful attitude towards their own diseases. High-quality nursing services can help patients increase confidence, so that patients actively
optimistic about their own diseases[2]. In the results of this study, patients in the experimental group were treated with a significantly higher level of than those in the control group, and the experimental group underwent a HAMA and

The HAMD score was significantly superior to the control group, with statistically significant differences (P < 0.05).

To sum up, the use of high-quality care method for patients with emergency gallstone care has a good effect, improve the patient's psychology and reduce the pain of the patients, it is worthwhile to widely spread in the clinical[3-7].

References


This article editor: Liu Shuai